

CURRICULUM VITAE



Full name: Samar Ahmed Nour El-Din Mohamed Yousef

Position: Clinical Instructor at the Faculty of Nursing, Damanhour University,
Critical Care & Emergency Nursing Department since 2011

Personal data

- **Gender:** Female
- **Nationality:** Egyptian
- **Marital status:** Married
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Qualifications

PhD : Doctoral Degree in Critical Care Nursing Excellent grade, 2025 /Helwan
University

Registered in **PhD** program in critical care & emergency nursing department **doctoral thesis** about (**The effect of aromatherapy in physiological parameters and mechanical ventilation weaning outcomes among mechanically ventilated patients**).

MSC: Critical Care and Emergency Nursing, Faculty of Nursing, Alexandria
University Excellent grade, 2018

Registered in master program in critical care & emergency nursing department **master thesis** about (**Relationship between adequate early enteral feeding and occurrence of stress ulcer among mechanically ventilated patients**)

BSC: from Faculty of Nursing Alexandria University, very good with the degree of
honor

Professional experience

- Clinical instructor of in critical care & emergency nursing department –faculty of nursing Damnhour university 2011 till now
- Critical care nurse at Aswan Heart Center (AHC) Worked as part of Sir /Prof Magdi Yacoub team (CCU & ICU)
- Critical care nurse at International cardiac center (ICC)
- The obligatory training year (internship) at Alexandria University Hospitals , Alexandria University, September 2009 till august 2010

Committees' membership

- A member of quality committee ,faculty of nursing ,Damnhour university.
- A trainer for CPR simulation and OSCE project in AHPGS accreditation faculty of nursing ,Damnhour university

TEACHING COURSES FOR UNDERGRADUATE STUDENTS

- **Teaching Critical Care Nursing (CCNI)** clinical Course for third year students at Faculty of Nursing Damanhur University during the academic years 2011-2026.
- **Teaching Critical Care Nursing (CCNII)** Clinical Course for third year students at Faculty of Nursing Damanhur University during the academic years 2011-2025.
- **Teaching Emergency Nursing Course** for second year students at Faculty of Nursing Damanhur University during the academic years 2011-2026.
- Share in the organization of the **OSCE** Exam for the second- and third-Year Students, at Faculty of Nursing Damanhur University during the academic years 2011-2025.

Publications:

- nour eldin, S. (2024). Effect of Lavender Oil on Vital signs among mechanically ventilated Patients. Helwan International Journal for Nursing Research and Practice, 3(8), 126-136.
doi: 10.21608/hijnrp.2025.324236.1229
- Yousef ,S,A., Hamed,A, M., Shama,M,A., Elkattan, B,A. (2024). Effect of Aromatherapy on Physiological Parameters and Mechanical Ventilation Weaning Outcomes among Critically Ill Patients.

Publish Book

- Critical care nursing procedure manual book for third year students. First Edition. Critical Care Nursing Department. Faculty of Nursing, Damanhur University. 2019-2020.
- Critical care nursing procedure manual book for third year students. First Edition. Critical Care Nursing Department. Faculty of Nursing, Damanhur University. 2020-2021.
- Emergency nursing procedure manual book for second year students. First Edition .Critical Care Nursing Department. Faculty of Nursing, Damanhur University. 2020-2021.
- Emergency nursing procedure manual book for second year students. second Edition .
- Critical Care Nursing Department. Faculty of Nursing, Damanhur University. 2021-2022.

COMMUNITY SERVICES

- Participated as a lecturer in a workshop about “ECG Interpretation” held as a part of serial workshops for “Students for Egypt Imitative 2024
- Participated in a workshop about “Research, Education & practical skills development of critical care and emergency staff ”2023
- Participated in BLS , ACLS training program at the faculty of nursing – Damnhour university from 2011 till 2018.
- Participated in first aid training program at the faculty of nursing – Damnhour university from 2011 till 2018.
- Participated in the training program of intern students faculty of nursing Damnhour university from 2011till 2018

My philosophy in teaching and learning

- Learning is choice and teacher should advocate their students
- Simplification is the best such as using concept map.
- Motivation is the best way for learning.

Research areas of interest

- Critical care nursing & Emergency nursing
- Mechanical ventilation& Weaning
- Infection control
- Neuroscience care
- Evidence base health care practice & Guidelines development
- Psychosocial aspect of critical illness
- Palliative care and End of Life Care in critical care settings
- Advanced technology in critical care
- ICU staff nurse's development
- Students' evaluation
- Electronic learning
- Contentious professional development

Personal Skills

- Excellent in online Education.
- Excellent presentation skills.
- Can work successfully in a team.
- Very good in computer skills.

Attended Courses and Training Programs

- Fundamentals of Digital Transformation Certificate from Helwan University 2025.
- English course (Finished 6 level of general English & 6 level of conversation English training course with very good degree) 2023.
- International Computer Driving Licence (ICDL)
- Test Of English as a Foreign Language (TOEFL)2023
- English course (Finished 6 level of general English & 6 level of conversation English training course with very good degree) 2017.
- Workshop Certificate from Alexandria Anesthesia & Intensive Care Conference (ASAIC 2014)
- Attendance Certificate from Alexandria Anesthesia & Intensive Care Conference (ASAIC 2015)
- Attended workshop on Advanced Life Support (ALS) held at Alexandria Anesthesia & Intensive Care Conference (ASAIC 2014).

- Attended the activities of" cardio Alex Conference "at July 2016.
- Attended the activities of" cardio Alex Conference "at July 2015.
- Attended the activates of" cardio Alex Conference "at July 2014.
- Attended the activities of " hepatic diseases conference" 2016
- Attended the Training Courses about "Effective Presentation Skills" at Faculty of Nursing, Damanhur University at July 2014.
- Attended the training courses about "Ethical consideration in Nursing" at The Egyptian Nursing Syldicate, at 13/1/2014.
- Attended the training courses about "Infection Control" at The Egyptian Nursing Syldicate, At 14/1/2014.
- Attended the training courses about "Cardiopulmonary Resuscitation "at the Egyptian Nursing syldicate, at 14/1/2014.
- Attended in the first scientific day "Strengths and Challenges in Nursing Administration" held by Nursing Administration Department Faculty of Nursing, Damanhur University on 12/11/2014.