

EMAN AHMED RASHAD ELSAKKA

Lecturer in Community Health Nursing | Damanhour University

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PROFESSIONAL SUMMARY

Lecturer in Community Health Nursing at Damanhour University with a PhD in Community Health Nursing and experience in university teaching, nursing education, academic quality assurance, strategic planning, international accreditation, leadership development, research, scientific writing, and community health service. Experienced in teaching community health nursing, epidemiology, family health, evidence-based practice, research methods, nursing informatics, therapeutic nutrition, infection control, and related nursing subjects.

ACADEMIC QUALIFICATIONS

Doctorate (2022) — Philosophy Degree in Community Health Nursing

Faculty of Nursing, Damanhour University

Thesis: Effect of breastfeeding training using educational toolkit on primary health care nurses' knowledge, attitudes, and problem-solving skills

Master (2017) — Master Degree in Community Health Nursing

Faculty of Nursing, Alexandria University

Thesis: Quality of life among children deprived from family care in residential institutions in El-Beheira Governorate

PROFESSIONAL EXPERIENCE

Lecturer, Faculty of Nursing, Damanhour University | 2022–Present

University teaching in community health nursing and related nursing disciplines; participation in academic, research, quality, and professional development activities.

Co-Trainer, Faculty and Leadership Development Center (FLDC), Damanhour University | 2024–Present

Co-training and professional development activities through the university's Faculty and Leadership Development Center.

Executive Manager, Education Development Unit, Faculty of Nursing, Damanhour University | 1 year

Health Information System (HIS) Trainer | Present

Training and support in Health Information System (HIS) applications and practices related to healthcare and nursing education.

Management and coordination of education development activities.

Assistant Lecturer, Faculty of Nursing, Damanhour University | 5 years

University teaching and academic activities in nursing education.

Demonstrator, Faculty of Nursing, Damanhour University | 6 years

Teaching support and academic activities in nursing education.

TEACHING EXPERIENCE

- Teaching experience at the Faculty of Early Childhood Education, Damanhour University.
- Teaching experience at the Armed Forces Health Institute for Male Students.
- Teaching experience at the Technical Health Institute, Alexandria.
- Teaching experience at the Technical Nursing Institute, Damanhour Teaching Hospital.
- Community Health Nursing
- Principles of Community Health
- Epidemiology
- Family Health

- Research Methods
- Evidence-Based Practices
- Nursing Ethics and Legislations
- Infection Control
- Human Rights
- Nursing Informatics
- Therapeutic Nutrition
- Biostatistics
- First Aid
- Culture Health
- Family, society and demography for master students
- Community health nursing for master students
- Epidemiology for master students

ACADEMIC DEVELOPMENT, CURRICULUM & ASSESSMENT

- Participated in the preparation, review, and development of printed and electronic course books for courses offered by the Community Health Nursing Department.
- Participated in the development and review of course specifications based on competency-based academic standards across successive academic years.
- Participated in updating theoretical examinations and implementing electronic examination-paper correction systems.
- Participated in the development of assessment and evaluation systems for practical and oral examinations.
- Contributed to the preparation of applications for competitive higher education development and quality improvement projects, including:
 - Competitive Project for Excellence of Higher Education Institutions – Fifth Cycle.
 - Project for Supporting and Qualifying Educational Programs at Higher Education Institutions for International Accreditation – Second Cycle.
 - Project for Developing Assessment and Evaluation Systems in Egyptian Universities – First Cycle, with a focus on practical and oral examination assessment systems.

ACADEMIC LEADERSHIP, QUALITY ASSURANCE, ACCREDITATION & INSTITUTIONAL DEVELOPMENT

- Previous Deputy Executive Director of the Faculty Quality Assurance Unit.
- Coordinator of the Strategic Planning Standard at the Faculty Quality Assurance Unit.
- Member of the Executive Team for the International Accreditation Project at the Faculty.
- Member of the Faculty Government Excellence Team.
- Member of examination control committees until the academic year 2023–2024.
- Head of the Fourth-Year Examination Control Committee during the academic year 2024–2025.
- Head of the Third-Year Examination Control Committee during the academic year 2025–2026.
- Member of the Aptitude Test Examination Control Committee for applicants to the Faculty of Nursing during the academic year 2022–2023.
- Conducted internal quality reviews covering various quality standards and academic departments at the Faculty of Nursing.
- Participated in reviewing the Strategic Planning Standard at the Faculty of Veterinary Medicine, Damanhour University.
- Participated in reviewing and updating course specifications in accordance with competency-based academic standards throughout successive academic years.
- Served as an assessor on the tripartite committee responsible for selecting students for the Condensed Nursing Program at the Faculty of Nursing.
- Served as an E-Learning Officer within the Information Technology Unit.
- Served as a member and coordinator responsible for the Al-Farabi Quality Management System within the Information Technology Unit.

- Participated in the project for Supporting and Qualifying Educational Programs at Higher Education Institutions for International Accreditation.
- Participated in updating theoretical examinations and implementing electronic correction systems for examination papers.

RESEARCH AND SCIENTIFIC PUBLICATIONS

- Quality of Life Among Children Deprived From Family Care in Residential Institutions in El-Beheira Governorate, Egypt. — Descriptive
- Effect of Breastfeeding Training Using Educational Toolkit on Primary Health Care Nurses' Knowledge, Attitudes and Problem-Solving Skills. — Randomized educational trial
- Mental Well-Being and Its Associated Factors Among Pregnant Women in El-Beheira Governorate. — Descriptive cross-sectional
- Effect of Virtual Reality-Based Rehabilitation Program Versus Booklet-Based Education on Self-Care Practices and Prevention of Complications Among Women After Mastectomy. — Quasi-experimental
- Mothers' Knowledge and Caring Practices for Neonatal Physiological Jaundice: A Multisite Cross-Sectional Study in El-Beheira Governorate, Egypt. — Multicenter cross-sectional descriptive
- Effect of Foot Reflexology on Constipation and Fetal Movement During Pregnancy. — Quasi-experimental
- Impact of Incorporating a Self-Care Management Program with Telephone Follow-Up on Geriatric Patients' Self-Care Compliance and Coping Post Cataract Surgery. — Quasi-experimental

PROFESSIONAL DEVELOPMENT

- Training of Trainers (TOT), FLDC, Damanhour University, under the supervision of the National Center for Training and Leadership, April 2024.
- Prepared and delivered a training program on Scientific Writing at the Directorate of Health Affairs in El-Beheira Governorate, March 2024.
- Participated in the scientific conference of the Community Health Nursing Department on Egypt's Vision 2030 for people with disabilities, December 2023.
- Attended workshop/webinar activities in MOOC development, artificial intelligence in medical education and education, metaverse in education, digital transformation, inquiry-based learning, publication peer review, journal selection, and educational objectives (2022–2023).
- Participated with a poster in the 11th International and 4th Virtual Conference of the Faculty of Nursing, Tanta University on nursing competencies in the era of digital transformation, March 2023.
- Attended conferences and workshops covering academic advising, scientific research, plagiarism, reference management, virtual labs, climate change, and educational innovation (2022–2023).
- Certificate of Appreciation for efforts and contribution to supporting the Faculty in achieving International Accreditation, Faculty of Nursing, Damanhour University.

AWARDS AND CERTIFICATES OF APPRECIATION

- Certificate of Appreciation for Best Presentation in the First Students Conference, Faculty of Nursing, Damanhour University, 2019.
- Certificate of Appreciation for the Faculty's Institutional Accreditation by the National Authority for Quality Assurance and Accreditation, Faculty of Nursing, Damanhour University, 2020.
- Certificate of Appreciation from the Faculty of Nursing for active and productive participation in World Nursing Day activities and the seminar "The Role of Nursing in Community Service – Care Without Borders."
- Certificate of Appreciation from the Faculty of Nursing, Damanhour University, in recognition of efforts contributed to the project for Developing Assessment Systems for Practical and Oral Examinations.

ACADEMIC SUPERVISION & PROFESSIONAL RECOGNITION

- Scientific Supervisor for multiple Master's and PhD students, providing academic guidance and research supervision.

COMMUNITY SERVICE

- Continuously participates in community health outreach campaigns and health convoys organized by the Community Health Nursing Department, Faculty of Nursing, Damanhour University (Present).
- Member of the Environmental Affairs and Community Service Committee, Faculty of Nursing, Damanhour University.

ADDITIONAL INFORMATION

- Academic Rank: Lecturer
- Nationality: Egyptian
- Languages: Arabic and English