



Curriculum Vitae (C.V)

Name	First	Middle	Third	Last Name
	Amal	Gamal	Elsayed	Mosbah
Name	Full Legal Name			
	Amal Gamal Elsayed Awad			
Nationality	Egyptian			
Mobile	0452162911 / 01128406319 / 01277193038			
Email	Amal.Mosbah@nur.dmu.edu.eg hassanelemam79@gmail.com			
Languages Proficient In	Arabic: (Mother tongue)			
	English: (Read, Write, Speak) Good			
Academic Rank	Lecturer of psychiatric Department , Faculty of Nursing, Damamhour university			



Academic Qualifications

Degree	Date Obtained	Degree Title	Issuing Institution	Thesis Title
BSC "Nursing" Excellent Honor degree		Registered Nurse	Faculty of Nursing, Ain shams University	-
Master of psychiatric Nursing		Assistant Lecturer	Psychiatric Nursing Department,	The relation between self esteem and body image



			Faculty of Nursing, Ain shams university	among patients with anorexia nervosa
Doctorate of psychiatric Nursing		Lecturer	Psychiatric Nursing Department , Faculty of Nursing, Ain shams university	Psychosocial intervention Program for school students for protection against substance abuse

Scientific and Professional Experience:

Experience in Quality and Academic Accreditation:

Member and coordinator in the Quality Assurance & Accreditation Unit, Faculty of Nursing, Damanhour University.

Teaching characteristics &Methods I Use in My University Teaching

✓ Set goals
✓ Be prepared
✓ Don't lecture directly from the textbook
✓ Write key points on the board briefly
✓ Encourage students to participate in class
✓ Use visual aids, videotapes, overheads, and films
✓ Use real-world examples (Use concrete examples)
✓ Discuss current research findings in class
✓ Be fair with all students



✓ Be available for students
✓ Use different teaching strategies such as Lecture, cooperative learning, flipped classroom, group discussion, and gamification.

Personal characteristics & Technologies Used (examples)

✓ Be punctual for class (Be prompt for class)
✓ Vary teaching methods (Vary class formats)
✓ Review previous day's lecture at the beginning
✓ Encourage cooperative learning
✓ Be relaxed and occasionally humorous.
✓ Utilize modern IT in teaching (Use E-Learning in the classroom)
✓ Maintain eye contact with students
✓ Do not embarrass students (Don't embarrass students by publicly calling on them)
✓ Vary voice levels
✓ Speak slowly and clearly
✓ Move around actively
✓ Base grading on various factors



Professional Experience

Duration	Employer	Position
7 th April, 2013- 2016	Faculty of Nursing, Ain shams University, Egypt.	Demonstrator , psychiatric Nursing,
31 th August, 2016-2020	Faculty of Nursing, Ain shams University, Egypt.	Assistant lecturer , psychiatric Nursing
8 th October, 2020- 2022	Faculty of Nursing, Ain shams University, Egypt.	Lecturer , psychiatric Nursing
February 2023- present	Faculty of Nursing, Damanhour University Faculty of Nursing, Damanhour University	Lecturer , psychiatric Nursing Active Participant in Quality Assurance & Accreditation Unit

Teaching Experience

Duration	Institution	Courses Taught
August, 2016- till now	Faculty of Nursing, Damanhour University.	“psychiatric department Nursing course” for undergraduate Nursing students
2013 till now	Faculty of Nursing, Damanhour University.	“Clinical Training” for undergraduate Nursing students in a variety of settings such as alabbassia, el maamoura psychiatric hospital
2024-2025 2 nd Semester	Faculty of Nursing, Damanhour University.	“complementary therapy” for postgraduate Nursing students

Published Scientific Research

No	Title	Type
1-	The association between Emotional Responses to Climate Change, Antenatal Anxiety and Maternal- Fetal Attachment in Primigravida Women	Descriptive study
2-	Mindfulness for Menopausal Women: Enhancing Quality of Life and psychological Well -Being Through a Randomized Controlled Intervention	Descriptive study
3-	Social skills training program and its effect on quality of life and stigma among patients with schizophrenia	Experimental study

No	Thesis Titles	Type of Participation
1-	Psychosocial Intervention Program for school students for protection against substance abuse.	doctorate Thesis
2-	The relation between self esteem and body image among Patients with anorexia nervosa	Master Thesis

Professional Development Participation in Conferences, Seminars, Lectures, Courses, and Workshops

No	Title	Conference/ Seminar/ Workshop	Date	Location	Institution
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1-	Participated in Conference entitled covid -19 and the Era of nursing transformation to digitalization	Conference	11 th December, 2021	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
2-	Organizer scientific webinar entitled: mental health at Damanhur hospital.	webinar	14 th December, 2023.	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
3-	Organizer scientific webinar entitled: ego resilience at in the faculty of nursing Damanhur university	webinar	14 th June, 2023	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
4-	Organizer scientific webinar entitled: stress management at in the faculty of nursing Damanhur university	webinar	14 th -15 th March, 2023	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
7-	Tips for successful academic promotion in the faculty of nursing Damanhur university	Workshop	21 th September, 2021	Faculty of Nursing, Ain Shams University	Faculty of Nursing, Ain Shams University

Scientific Awards, Research Grants, and Certificates of Appreciation

No	Type of Award	Occasion	Date Obtained	Issuing Institution
1-				
2-				



Community Service Participation

No	Participation	Date	Location	Type of Participation	Institution
1-					
2-					

Committees

No	Institution	Membership Type	Date	Committee Name
1-				
2-				

Scientific and Professional Memberships

No	Membership Title	Date	Institution
1-			
2-			

