



Curriculum Vitae (C.V)



Name	First	Middle	Third	Last Name
	Asmaa	Mohamed	Mahmoud	Mohamed
Name	Full Legal Name			
	Asmaa Mohamed Mahmoud Mohamed			
Nationality	Egyptian			
Mobile	01283158894			
Email	asmaa.Omran@nur.dmu.edu.eg			
Languages Proficient In	Arabic: (Mother tongue) English: (Read, Write, Speak) Very Good			
Academic Rank	Lecturer of Psychiatric Nursing and Mental Health Department , Faculty of Nursing, Dammanhour university			



Academic Qualifications

Degree	Date Obtained	Degree Title	Issuing Institution	Thesis Title
BSC "Nursing"	May 2005	Registered Nurse	Faculty of Nursing, Alexandria University	-
Master of Psychiatric Nursing and Mental Health	June 2017	Assistant Lecturer	Psychiatric Nursing and Mental Health Department, Faculty of Nursing, Alexandria university	Depression, Burden and Self – Efficacy among Care Giving Parents of Children with Cancer .
Doctorate of Psychiatric Nursing and Mental Health	March 2025	Lecturer	Psychiatric Nursing and Mental Health Department , Faculty of Nursing, Alexandria university	Effect of Metacognitive Training on Delusions, Cognitive Insight, and Metacognitive Ability among Patients with Schizophrenia.

Scientific and Professional Experience:

Experience in Quality and Academic Accreditation:

Coordinator in the Quality Assurance & Accreditation Unit, Faculty of Nursing,
Dammanhour University.

Teaching characteristics &Methods I Use in My University Teaching

✓ Set goals
✓ Be prepared
✓ Don't lecture directly from the textbook
✓ Write key points on the board briefly
✓ Encourage students to participate in class
✓ Use visual aids, videotapes, overheads, and films
✓ Use real-world examples (Use concrete examples)
✓ Discuss current research findings in class
✓ Be fair with all students
✓ Be available (online &offline) for students
✓ Use different teaching strategies such as Lecture, cooperative learning, flipped classroom, group discussion.

Personal characteristics &Technologies Used (examples)

✓ Be punctual for class (Be prompt for class)
✓ Vary teaching methods (Vary class formats)
✓ Review previous day's lecture at the beginning
✓ Encourage cooperative learning
✓ Be relaxed and occasionally humorous.
✓ Utilize modern IT in teaching (Use E-Learning in the classroom)
✓ Maintain eye contact with students
✓ Do not embarrass students (Don't embarrass students by publicly calling on them)
✓ Vary voice levels
✓ Speak slowly and clearly
✓ Move around actively
✓ Base grading on various factors

Professional Experience

Duration	Employer	Position
September 2009 -2017	Faculty ofNursing, Damanhour University, Egypt.	Demonstrator , Psychiatric Nursing and Mental Health
June 2017 -February 2025	Faculty ofNursing, Damanhour University, Egypt.	Assistant lecturer , Psychiatric Nursing and Mental Health
March 2025- present	Faculty ofNursing, Damanhour University, Egypt.	Lecturer , Psychiatric Nursing and Mental Health
September 2021 - August 2024	Faculty of Nursing, Damanhour University	Member in Scientific Leadership Unit
September 2024 till present	Faculty of Nursing, Damanhour University	Member Scientific Leadership and Academic Guidance Unit
2025 -2026	Faculty of Nursing, Damanhour University.	Course coordinator for “Psychiatric and Mental Health Nursing course” for undergraduate Nursing students(credit hours)

Teaching Experience

Duration	Institution	Courses Taught
2007 till 2009	Institute of Nursing, Ministry of health, Alexandria.	“Psychiatric Nursing and Mental Health course”
2009 till now	Faculty of Nursing, Damanhour University	“Clinical Training” for undergraduate Psychiatric Nursing students in a different units in El- Mamora hospital
2021-2022	Armed Forces Health Institute, Housh Issa, Al- Beheira.	“Psychiatric Nursing and Mental Health course” for undergraduate students.
1 st Semester 2022 -2023	Faculty of Nursing, Damanhour University	“Clinical Psychiatric Nursing and Mental Health (I) Course” for Master's Degree Students in Psychiatric Nursing
2 nd Semester 2022 -2023	Faculty of Nursing, Damanhour University	“Clinical Psychiatric Nursing and Mental Health (II) Course” for Master's Degree Students in Psychiatric Nursing
March 2025 till now	Faculty of Nursing, Damanhour University.	“Psychiatric and Mental Health Nursing course” for undergraduate Nursing students
1 st Semester 2025 -2026	Faculty of Nursing, Damanhour University	“Clinical Psychiatric and Mental Health Nursing (I) Course” for Master's Degree Students in Psychiatric Nursing (credit hours)

1 st Semester 2025 -2026	Faculty of Nursing, Damanhour University	“Mental Health for Nursing staff Course” for Condensed Nursing Science Program, May Batch 2024 Fifth Specialized Term- Academic year (2025-2026)
2 nd Semester 2025 -2026	Faculty of Nursing, Damanhour University	“Psychiatric and Mental Health Nursing (II) Course” for Master's Degree Students in Psychiatric Nursing (credit hours)
2 nd Semester 2025 -2026	Faculty of Nursing, Damanhour University	“Clinical Psychiatric and Mental Health Nursing (II) Course” for Master's Degree Students in Psychiatric Nursing (credit hours)
2 nd Semester 2025 -2026	Faculty of Nursing, Damanhour University	“Psychiatric and Mental Health Nursing Course” for Condensed Nursing Science Program, September Batch 2024 Fifth Specialized Term- Academic year (2025-2026)

Published Scientific Research

No	Title	Type
1-	Depression, Burden and Self-Efficacy among Care Giving Parents of Children with Cancer	Descriptive study
2-	Effect of Metacognitive Training for Patients with Schizophrenia on their Delusions and Cognitive Insight	Experimental study

No	Thesis Titles	Type of Participation
1-	Effect of Metacognitive Training on Delusions, Cognitive Insight, and Metacognitive Ability among Patients with Schizophrenia.	Doctorate Thesis
2-	Depression, Burden and Self –Efficacy among Care Giving Parents of Children with Cancer .	Master Thesis

Professional Development Participation in Conferences, Seminars, Lectures, Courses, and Workshops

No	Title	Conference/ Seminar/	Date	Location	Institution
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		Workshop			
1-	Training Session about "International Publication at internationally classified journals (Scopus & WOS).	Workshop	21th September , 2023	Faculty of Nursing, Damanhur University	Faculty of Nursing, Damanhur University
2-	Workshop "Virtual Reality in Nursing Education" at the Faculty of Nursing, Damanhur University.	Workshop	3th June, 2023	Faculty of Nursing, Damanhur University	Faculty of Nursing, Damanhur University
3-	The Annual Scientific day entitled: Humanistic approach in Psychiatric Nursing	Conference	11th December, 2025	Psychiatric and Mental Health Nursing Department,	Faculty of Nursing - Alexandria University
4-	Workshop "Emotional Hygiene" In The Annual Scientific day entitled: Humanistic approach in Psychiatric Nursing	Workshop	11th December, 2025	Faculty of Nursing - Alexandria University	Faculty of Nursing - Alexandria University

Scientific Awards, Research Grants, and Certificates of Appreciation

No	Type of Award	Occasion	Date Obtained	Issuing Institution
1-				
2-				

Community Service Participation

No	Participation	Date	Location	Type of Participation	Institution
1-	Psychological support Unit	September 2010 till now	Faculty of Nursing, Damanhour University	Member	Faculty of Nursing, Damanhour University
2-					

Committees

No	Institution	Membership Type	Date	Committee Name
1-				

2-				
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Scientific and Professional Memberships

No	Membership Title	Date	Institution
1-	Member in psychological support Unit	September 2010 till now	Faculty of Nursing, Damanhour University
2-	Member in Scientific Leadership Unit	September 2021 - August 2024	Faculty of Nursing, Damanhour University
3-	Member Scientific Leadership and Academic Guidance Unit	September 2024 - September 2025	Faculty of Nursing, Damanhour University