



Curriculum Vitae (C.V)



Name	First	Middle	Third	Last Name
	Shimaa	Ismail	Abdel Razik	Amar
Name	Full Legal Name			
	Shimaa Ismail Abdel Razik Ismail Amar			
Nationality	Egyptian			
Mobile	01020350950			
Email	shima.amar@nur.dmu.edu.eg shiamaaamar@gmail.com			
Languages Proficient In	Arabic: (Mother tongue) English: (Read, Write, Speak) Good			
Academic Rank	Assistant lecturer of Gerontological Nursing Department, Faculty of Nursing, Damanshour university			



Academic Qualifications

Degree	Date Obtained	Degree Title	Issuing Institution	Thesis Title
BSC "Nursing" Excellent Honor degree	2020	Registered Nurse	Faculty of Nursing, Damanshour University	-
Master's Degree in Gerontological Nursing	2025	Assistant lecturer	Faculty of Nursing, Damanshour University	Relationship between Benign Prostatic Hyperplasia Symptoms, Self-Care Ability, and

				Stigmatization among Older Adults.
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Scientific and Professional Experience:

Experience in Quality and Academic Accreditation:

Member in the project of "International Accreditation according to German Accreditation Agency in Health and Social Science (AHPGS)".

Teaching characteristics &Methods I Use in My University Teaching

✓ Set goals
✓ Be prepared
✓ Don't lecture directly from the textbook
✓ Write key points on the board briefly
✓ Encourage students to participate in class
✓ Use visual aids, videotapes, overheads, and films
✓ Use real-world examples (Use concrete examples)
✓ Discuss current research findings in class
✓ Be fair with all students
✓ Be available for students
✓ Use different teaching strategies such as Lecture, cooperative learning, flipped classroom, group discussion, and gamification.

Personal characteristics &Technologies Used (examples)

✓ Be punctual for class (Be prompt for class)
✓ Vary teaching methods (Vary class formats)
✓ Review previous day's lecture at the beginning
✓ Encourage cooperative learning
✓ Be relaxed and occasionally humorous.
✓ Utilize modern IT in teaching (Use E-Learning in the classroom)
✓ Maintain eye contact with students
✓ Do not embarrass students (Don't embarrass students by publicly calling on them)
✓ Vary voice levels
✓ Speak slowly and clearly
✓ Move around actively
✓ Base grading on various factors

Professional Experience

Duration	Employer	Position
7 th July 2022- till present	Faculty of Nursing, Damanhour University, Egypt.	Assistant lecturer, Gerontological Nursing,
September 2024- till present	Faculty of Nursing, Damanhour University	Active Participant and member in Quality Assurance & Accreditation Unit

Teaching Experience

Duration	Institution	Courses Taught
July 2022 till now	Faculty of Nursing, Damanhour University.	“Gerontological Nursing course” for undergraduate Nursing students
2022 till now	Faculty of Nursing, Damanhour University.	“Clinical Training” for undergraduate Nursing students in a variety of settings such as elderly homes, institutions, and hospitals.

Professional Development Participation in Conferences, Seminars, Lectures, Courses, and Workshops

No	Title	Conference/ Seminar/ Workshop	Date	Location	Institution
1-	The Fourth Nursing Administration Conference 'The Voice of Nursing Management' Attendee & Organizer	Conference	6 th December 2018	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
2-	Andalusia Arabian Critical Care Congress	Conference	October 2021	Andalusia hospitals group	Andalusia hospitals group
3-	The sixth Nursing Administration Conference	Conference	1/12/2022	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
4-	The Gerontological Nursing Department's Conference entitled "Aging in Place: Promoting Independence and Empowering Older	Conference	14 th December , 2022.	Faculty of Nursing, Alexandria University	Faculty of Nursing, Alexandria University

	Adults"				
5-	The Fourth International and the 2nd Virtual Scientific Nursing Conference" Nursing toward Sustainable Health"	Conference	14 th -15 th March, 2023	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
6-	Workshop: 'How to Write a Research Protocol'	Workshop	5 th September 2022	Faculty of Nursing, Damanhur University	Faculty of Nursing, Damanhur University
7-	Training Session about "International Publication at internationally classified journals (Scopus &WOS).	Workshop	21th September, 2023	Faculty of Nursing, Damanhur University	Faculty of Nursing, Damanhur University
8-	Workshop "Osteoporosis Prevention: Love Your Bone Protect your Future"	Workshop	21th October, 2023	Faculty of Nursing, Damanhur University	Faculty of Nursing, Damanhur University
9-	Workshop "Virtual Reality in Nursing Education" at the Faculty of Nursing, Damanhur University.	Workshop	3th June, 2023	Faculty of Nursing, Damanhur University	Faculty of Nursing, Damanhur University
10-	Ethics and Governance of Artificial Intelligence for Health	course	4th December ,2024	WHO	WHO
11-	Integrating Ethics and Governance into the Design of Artificial Intelligence Tools for Health. Case Study: Cervical Cancer Screening	Course	4th December ,2024	WHO	WHO
12-	Interventions for Noncommunicable Diseases in Primary Health Care	Course	4th December ,2024	WHO	WHO
13-	Global Nutrition Targets Tracking Tool	Course	4th December ,2024	WHO	WHO
14-	Prevention and Management of Diabetic Foot Problems	Course	5th December ,2024	WHO	WHO
15-	Introduction to oxygen systems	Course	5th December ,2024	WHO	WHO
16-	Wound management in resource-limited settings: Training of health workers at national and district levels on skin-NTDs	Course	5th December ,2024	WHO	WHO

Scientific Awards, Research Grants, and Certificates of Appreciation

No	Type of Award	Occasion	Date Obtained	Issuing Institution
1-				
2-				

Community Service Participation

No	Participation	Date	Location	Type of Participation	Institution
1-	Polio Vaccine Survey (WHO),	December 2021	Cairo	Surveyor and Data collector	(WHO)
2-	Volunteer at Faculty of Nursing, Damanhour University	1 year (2021)	Damanhour	Teaching Assistant	Faculty of Nursing, Damanhour University

Committees

No	Institution	Membership Type	Date	Committee Name
1-				
2-				

Scientific and Professional Memberships

No	Membership Title	Date	Institution
1-			
2-			