



Curriculum Vitae (C.V)



Name	First	Middle	Third	Last Name
	Nagia	Ibrahim	Hassan	Gomaa
Name	Full Legal Name			
	Nagia Ibrahim Hassan Gomaa			
Nationality	Egyptian			
Mobile	01013809944 / 01283440749			
Email	nagiagomaa@yahoo.com nagia.ibrahim@nur.dmu.edu.eg			
Languages Proficient In	Arabic: (Mother tongue) English: (Read, Write, Speak) Good			
Academic Rank	Professor Emeritus of Psychiatric Nursing and Mental Health Department, Faculty of Nursing, Dammanhour University			



Academic Qualifications

Degree	Date Obtained	Degree Title	Issuing Institution	Thesis Title
BSc, High Institute of Nursing, University of Alexandria.	1987	-	Department of Psychiatric Nursing and Mental Health, High Institute of Nursing, University of Alexandria	-
Master of Psychiatric Nursing and Mental Health.	19th March, 1997	Assistant lecturer	Faculty of Nursing, Suez Canal University	Assessment of Knowledge and Reactions Towards Sexuality and Sex Education among First Year University Students of Suez Canal University in Port Said
Doctorate of Psychiatric Nursing and Mental Health.	May 2008	Lecturer	Faculty of Nursing, Suez Canal University	Impact of Two Stress Reduction Techniques on Student Nurses' Level of Stress
Assistant Professor of Psychiatric Nursing and Mental Health	31st October 2018	Assistant Professor	Faculty of Nursing, Dammanhour University	1. Relationship Between Levels of Depression and Self Assertiveness Among University Students In Port- Said City. Alexandria Scientific Nursing Journal 2011; 12(2).

				2. The Effect of Self-Esteem Images on the Well-Being of the Elderly People in Geriatric Homes and a Community Living Elderly. Journal of American Science 2013; 9(3). 3. Relationships between Staff Nurses' Satisfaction with Quality of Work and their Levels of Depression, Anxiety, and Stress in Critical Care Units. Journal of American Science 2014; 10(1). 4. Relationship between University Nursing Educators' Assertiveness and Their Levels of Depression, Anxiety and Stress. The13th International Scientific Nursing Conference in Collaboration with Kennesaw University "Toward Better Nursing Practice". Faculty of Nursing, Alexandria University, 12th-13th October 2015. 5. Test anxiety, self-efficacy, personality traits, and academic achievement among post-graduate nursing candidates. The13th International Scientific Nursing Conference in Collaboration with Kennesaw University. "Toward Better Nursing Practice". Faculty of Nursing, Alexandria University.12th-13th October 2015. 6. A correlation study: Mental health and self-esteem among faculty nursing students. Alexandria Scientific Nursing Journal 2016; 18(2). 7. Effect of Roy Adaptation Model on Sexual Function and Spousal Support Among Women after Hysterectomy. IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320-1959. p- ISSN: 2320-1940 Volume 6, Issue 2 Ver. V (Mar.- Apr. 2017), PP 130-140.
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				8. Effect of progressive muscle relaxation technique on stress, anxiety, and depression after Hysterectomy. <i>Journal of Nursing Education and Practice</i> ISSN: 1925-4040. E- ISSN: (1925- 4059), 2017, Vol. 7, No.7 9. Effect of Video Film about Normal Delivery care on Maternity Students' Anxiety, Satisfaction and Performance in Delivery Room <i>International Journal of Novel Research in Healthcare and Nursing</i> ISSN: 2394-7330. Vol. 4, Issue 2, 2017, pp:(57- 67). 10. Relationship between Ego Resilience, Perceived Stress and Life Satisfaction among Faculty Nursing Students. <i>IOSR Journal of Nursing and Health Science (IOSR-JNHS)</i> e-ISSN 2320–1959. p- ISSN: 2320–1940 Volume 6, Issue 6 Ver. VII (Nov. - Dec. 2017), PP 57-70. 11. Manifest Needs and Managing Conflicts among staff nurses at the Critical Care Units. <i>International Journal of Novel Research in Healthcare and Nursing</i> ISSN: 2394- 7330. Vol.5, Issue 1, Month: January - April 2018 pp: (236-246).
Professor of Psychiatric Nursing and Mental Health.	28 th February 2024	Professor	Faculty of Nursing, Damnhour University	1. Beliefs and Attitudes towards Mental Illness: Comparative Study between Rural and Urban Male Adolescents in Beni-Suef Governorate. <i>Evidence-Based Nursing Research</i> Vol. 2 No. 4 October 2020. 2. Socio-cultural Factors, Sensation Seeking, and Risk of Exposure to Substance Abuse Among Egyptian and Saudi Undergraduates. <i>The Open Psychology Journal</i>, 2021, Volume 14 April 2, 2021. 3. Physical and Psychosocial Adaptation Strategies for Patients with Multiple Sclerosis. <i>Egyptian</i>

				Journal of Health Care, Vol. 12. No. 1, 2021. 4. Effect of Coping Strategies Education on Pregnant Women's Knowledge and Anxiety with Detected Fetal Anomalies. Egyptian Journal of Health Care, Vol. 13. No.2, 2022. 5. The Bergen Facebook Addiction Scale: its psychometric properties and invariance among women with eating disorders. BMC Women's Health. 22:99, 2022. 6. Depression, Burden, and Self-Efficacy among Caregiving Parents of Children with Cancer. Egyptian Journal of Health Care, Vol 13, No.2, 2022. 7. The Relationship between Death Anxiety, Spiritual Well-Being, and Successful Aging among Community Dwelling Older Adults. IEJNSR, 3 (1) 2022. 8. Gerontological Nurses' Feeling of Personal Achievement at Work and Their Emotional Intelligence. Egyptian Journal of Health Care, EJHC, 2022 9. Effects of emotional intelligence training program on the levels of alexithymia, academic stress and hope among nursing college students. International Journal of Health Sciences. 2022 10. Effectiveness of Intervention Guidelines on Mothers of Children with Attention Deficit Hyperactivity Disorders. Egyptian Journal of Health Care (EJHC), 2023 11. Satisfaction with Life in relation to Desirability of Control and Fear of Death/ Dying among Community Dwelling Older Adults. Egyptian Journal of Health Care (EJHC), 2023
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				12. Effects of Psycho-educational Program Alone and Combined with Reminiscence Therapy on Depression, Cognitive and Non-cognitive Behaviors among Patients with Dementia. Port Said Scientific Journal of Nursing, 2023 13. Role of Alexithymia and Self-Concealment In Predicting Readiness to Change Among Patients with Substance use Disorders. Port Said Scientific Journal of Nursing, 2023 14. Effect of Activity Therapy on Symptoms and Quality of Life among Patients with Paranoid Schizophrenia. Port Said Scientific Journal of Nursing, 2023 15. Effectiveness of mindfulness-based interventions on burnout and self-compassion among critical care nurses caring for patients with COVID-19: a quasi-experimental study. BMC Nursing, September 2023 Vol.22 No.305.
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Scientific and Professional Experience:

Experience in Quality and Academic Accreditation:

As a supervisor on scientific thesis:

Doctoral thesis of Psychiatric Nursing and Mental Health titled "**Relationship between levels of depression and self-assertiveness among University students in Port- Said City**". Faculty of Nursing, Port Said University, 2008.

Doctoral thesis of Psychiatric Nursing and Mental Health titled "**Relationship between emotional intelligence, conflict resolution style and group cohesiveness among nurses**". Faculty of Nursing, Port Said University, 2009.

Master thesis of Psychiatric Nursing and Mental Health titled "**Relationship between Ego Resilience, Perceived Stress, and Life Satisfaction among Faculty Nursing Students, Damanhour University**". Faculty of Nursing, Damanhour University, 2014.

Master thesis of psychiatric nursing and mental health titled "**Depression, Burden and self-Efficacy Among Care Giving Parents of Children with Cancer**". Faculty of Nursing, Damanhour University, 2014.

Master thesis of Psychiatric Nursing and Mental Health titled "**The relationship Between Defeatist Performance Beliefs, Negative Symptoms, and Functional Outcomes Among Patients with**

Schizophrenia". Faculty of Nursing, Damanhour University, 2022.

Doctoral thesis of Psychiatric Nursing and Mental Health titled **"The Effect of Psychodrama Intervention on Adolescents' Insecure Attachment Styles"**. Faculty of Nursing, Damanhour University, 2023.

Master thesis of Psychiatric Nursing and Mental Health titled **"Relationship Between Self-Compassion, Ruminative Thoughts, and Depressive Symptoms Among Patients with Depression"** Faculty of Nursing, Damanhour University, 2023.

Master thesis of Psychiatric Nursing and Mental Health titled **"Relationship between Attachment Styles, Aggressive Behavior, and Internet Addiction Among Preparatory School Students in Damanhour City"** Faculty of Nursing, Damanhour University, 2023.

Master thesis of Psychiatric Nursing and Mental Health titled **"The relationship between Self-concealment, Bulling, and Family Support Among Preparatory School Students in Damanhour City"**. Faculty of Nursing, Damanhour University, 2023.

Master thesis of Psychiatric Nursing and Mental Health titled **"Academic Resilience and Peer Relationship Among Deaf Preparatory School Students"** Faculty of Nursing, Damanhour University, 2023.

As an external examiner on scientific thesis:

1. Master thesis of psychiatric nursing and mental health titled "Effect of Progressive Relaxation Technique on the Anxiety Level of Psychiatric Patients Before Electro Convulsive Therapy". Faculty of Nursing, Port Said University, 2020.
2. Master thesis of psychiatric nursing and mental health titled "Mental Health Literacy among Patients' Family Caregivers. Faculty of Nursing, Alexandria University, 2023.
3. Doctorate thesis in Nursing Education titled "Effect of utilizing health belief educational model on nursing students' internet addiction, attention span level and quality of life". Faculty of Nursing, Alexandria University, 2024.
4. Doctorate thesis of Psychiatric Nursing and Mental Health titled "Effect of Motivational Enhancement Therapy on Desire Thinking, Craving, Probability of Relapse, and Self-efficacy among Clients with Substance Use Disorders". Faculty of Nursing, Alexandria University, 2024.
5. Doctorate thesis of Psychiatric Nursing and Mental Health titled "Effect of Virtual Social Network-Based Psychoeducation Intervention on Level of Hope and Caregiving Burden among Family Caregivers of Patients with Schizophrenia". 2024.
6. Master thesis of nursing education titled "Relationship between professional identity development and clinical learning environment: Nursing students' perspective". Faculty of Nursing, Alexandria University, 2024.
7. Doctorate thesis of Psychiatric Nursing and Mental Health titled "Effect of forgiveness therapy on negative emotions and probability of relapse among clients with substance use disorders during rehabilitation". Faculty of Nursing, Alexandria University, 2024.
8. Master thesis of psychiatric nursing and mental health titled "Relationship Between Self-Empowerment, Treatment Motivation and Relapse among Substance Abusers". Faculty of Nursing, Port Said University, 2025.

As a member of the Doctoral thesis examination committee entitled:

1. "Impact of Anti school Bullying Educational Program on Psychological and Academic

- Adjustment among Preparatory School Victims”. Faculty of Nursing, Cairo University, 2022.**
- 2.“Effect of Music Listening on Psychotic Symptoms, Attention and Social Skills among Patients with Schizophrenia”. Faculty of Nursing, Damanhour University,2023.**
- 3.“Psychosocial Intervention Program for School Students for Protection Against Substance Abuse”. Faculty of Nursing, Ain Shams University, 2023.**
- As a Jury member committee of examining the validity of**
- 4. The Relationship Between Sarcopenia, Cognitive Function, and Fall Risk Among Older Adults. Gerontological Nursing Department,2025.**

As a Jury member committee of examining the validity of Master thesis’ tools entitled

- 1. Self-assessment of stress among older people in the Community. Community Nursing Department, Faculty of Nursing, Damanhour University 2018.**
- 2. The Relationship Between Nurses’ Perception of Work Climate and Ethical Frustration at Kafe El Dawar General Hospital. Nursing Administration Department, 2019.**
- 3. The relationship between leadership patterns and psychological wellbeing among nurses. Nursing Administration Department, 2019.**
- 4. The relationship between recovery, hope and internalized stigma resistance among patients with depressive disorder. Psychiatric Nursing and Mental Health Department, 2019.**
- 5. The relationship between nurses’ Emotional intelligence and job performance at El Rahmaniya Central Hospital. Nursing Administration Department, Faculty of Nursing, Damanhour University,2022.**
- 6. The relationship between the head Nurses’ emotional intelligence and nurses’ empowerment. Nursing Administration Department, Faculty of Nursing, Damanhour University, 2023.**
- 7. A relationship between rational stigma, therapeutic optimism and quality of care among psychiatric nurses. Psychiatric Nursing and Mental Health Department,2024.**
- 8. The Relationship Between Sarcopenia, Cognitive Function, and Fall Risk Among Older Adults. Gerontological Nursing Department,2025.**

Teaching characteristics &Methods I Use in My University Teaching

✓ Set goals
✓ Be prepared
✓ Don't lecture directly from the textbook
✓ Write key points on the board briefly
✓ Encourage students to participate in class
✓ Use visual aids, videotapes, overheads, and films
✓ Use real-world examples (Use concrete examples)
✓ Discuss current research findings in class
✓ Be fair with all students

✓ Be available for students
✓ Use different teaching strategies such as Lecture, cooperative learning, flipped classroom, group discussion, and gamification.

Personal characteristics & Technologies Used (examples)

✓ Be punctual for class (Be prompt for class)
✓ Implement different teaching methods (Vary class formats)
✓ Review previous day's lecture at the beginning
✓ Encourage cooperative learning
✓ Be relaxed and occasionally humorous.
✓ Utilize modern IT in teaching (Use E-Learning in the classroom)
✓ Maintain eye contact with students
✓ Do not embarrass students (Don't embarrass students by publicly calling on them)
✓ Vary voice levels
✓ Speak slowly and clearly
✓ Move around actively
✓ Base grading on various factors

Teaching Experience

Duration	Institution	Courses Taught
2010-2025	Faculty of Nursing, Damanhour University.	“Psychiatric Nursing and Mental Health” for undergraduate Nursing students
2022 to October 2023	Faculty of Nursing, Damanhour University.	
2010- 2020	Faculty of Nursing, Damanhour University	“Clinical Training” for undergraduate Nursing students in El-Maamoura Hospital for Psychiatric Medicine
2017	Armed Forces Health Institute, Housh Issa, Al-Beheira.	Psychiatric Nursing and Mental Health” for undergraduate students.
2020-2021 to 2024-2025	Faculty of Nursing, Damanhour University.	Psychiatric Nursing and Mental Health (1) for Postgraduate Master program Nursing students
2020-2021 to 2024-2025	Faculty of Nursing, Damanhour University.	Psychiatric Nursing and Mental Health (2) for Postgraduate Master program Nursing students
2020-2021 to 2024-2025	Faculty of Nursing, Damanhour University.	Violence and Health for Postgraduate Master program Nursing students
2020-2021 to 2024-2025	Faculty of Nursing, Damanhour University.	Complementary therapy in Psychiatric Nursing and Mental Health for Postgraduate Master program Nursing students
2020-2021 to 2024-2025	Faculty of Nursing, Damanhour University.	New trends in Psychiatric Nursing and Mental Health for Postgraduate Master program Nursing students
2020-2021 to 2024-2025	Faculty of Nursing, Damanhour University.	Human Relation for Postgraduate Master program Nursing students (Psychiatric Nursing and Mental Health and Medical surgical departments)
2021-2022 to 2024-2025	Faculty of Nursing, Damanhour University.	Counselling in Psychiatric Nursing and Mental Health for Postgraduate Doctorate program Nursing students

2021-2022 to 2024-2025	Faculty of Nursing, Damanhour University.	Theories in Psychiatric Nursing for Postgraduate Doctorate program Nursing students
2021-2022 to 2024-2025	Faculty of Nursing, Damanhour University.	Human Relation for Postgraduate Doctorate program Nursing students (Obstetrics and Gynecology department)
2021-2022 to 2024-2025	Faculty of Nursing, Damanhour University.	Seminar in Psychiatric Nursing for Postgraduate Doctorate program Nursing students
2021-2022 to 2024-2025	Faculty of Nursing, Damanhour University	Legal legislation and rights of mentally ill patients for Postgraduate Doctorate program Nursing students
2021-2022 to 2024-2025	Faculty of Nursing, Damanhour University	An Independent study for Postgraduate Doctorate program Nursing students, department of Psychiatric Nursing and Mental Health

Professional Development Participation in Conferences, Seminars, Lectures, Courses, and Workshops

No	Title	Conference Seminar/ Workshop	Date	Location	Institution
1-	The First International Scientific Nursing Conference.	Conference	May 5-6, 1990.	Higher Institute of Nursing, University of Alexandria,	Higher Institute of Nursing, University of Alexandria
2-	"Psychological Counseling in the Context of HIV Infection, Aids and Related Disease".	Workshop	September 15-19, 1990	World Health Organization (WHO). Regional Office for the Eastern Mediterranean, Alexandria,	Higher Institute of Nursing, University of Alexandria
3-	"Problem-Based, Community Based Education and the Role of Tutor"	Workshop	7-9 March 1991.	World Health Organization (WHO) Collaborating for Health Manpower Development,	Faculty of Medicine, Suez Canal University,
4-	"Community Oriented Health Problem",	Workshop	June 1991.	High Institute of Nursing, Suez Canal University	High Institute of Nursing, Suez Canal University
5-	"Problem-Based Learning in the Education of Health Care Professionals"	Workshop	June 1991	High Institute of Nursing, Suez Canal University	High Institute of Nursing, Suez Canal University
6-	"Curriculum Contents, Nursing Theory, Nursing Process, and Trends in Nursing"	Workshop	November 17 – 19, 1991.	High Institute of Nursing, Alexandria University	High Institute of Nursing, Alexandria University

7-	"Tools for Research", Project HOPE / Egypt.	Workshop	December 1991	Suez Canal University	Suez Canal University
8-	"Student Selection Tools"	Workshop	January 5-7, 1992; and January 12 - 14, 1992.	Faculty of Nursing, Ain Shams University,	Faculty of Nursing, Ain Shams University,
9-	"Writing a Research Protocol"	Workshop	October 9-12, 1993	Clinical Epidemiology Unit, Faculty of Medicine	Suez Canal University
10-	"Counseling of AIDS Patient"	Workshop	1994.	Faculty of Nursing, Suez Canal University	Faculty of Nursing, Suez Canal University
11	"Situation of the Handicapped Child in Egypt"	Workshop	1994.	Cairo University, High Institute of Nursing	Cairo University, High Institute of Nursing
12	"Research Design",	Workshop	1995	Clinical Epidemiology Unit	Faculty of Medicine, Suez Canal University
13	"Attitudes toward AIDS"	Workshop	1996	Faculty of Nursing, Suez Canal University	Faculty of Nursing, Suez Canal University
14	"Situation of the Handicapped Child in Egypt" Recommended Nursing Role Community Health Nursing Department in Conjunction with the Japanese Technical Cooperation Project. High Institute of Nursing, Cairo University.	Workshop	December 21-22 nd , 1997.	High Institute of Nursing, Cairo University	High Institute of Nursing, Cairo University
15	"Effective Teaching" Faculty and Leadership Development Project (FLDP)	Workshop	9-17 December 2007	Faculty of Special Arts, Port Said, Suez Canal University	Faculty of Special Arts, Port Said, Suez Canal University
16	"Using Technology in Teaching" Faculty and Leadership Development Project (FLDP)	Workshop	9-17 December 2007.	Faculty of Special Arts, Port Said, Suez Canal University	Faculty of Special Arts, Port Said, Suez Canal University
17	"Micro Teaching" Faculty and Leadership Development Project (FLDP)	Workshop	9-17 December 2007.	Faculty of Special Arts, Port Said, Suez Canal University	Faculty of Special Arts, Port Said, Suez Canal University
18	"Effective Communication" Faculty and Leadership Development Project (FLDP),	Workshop	December 2007.	Faculty of Special Arts, Port Said, Suez Canal	Faculty of Special Arts, Port Said, Suez Canal

				University	University
19	Objective Structured Clinical Skills Examinations (OSCEs). ,,	Workshop	March 2008.	Cairo University	Cairo University
20	“Instructional Material Design Workshop” Educational Developmental Center (EDC).,	Workshop	10 th March 2008.	Faculty of Nursing, Port Said, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
21	"Credit Hours" Faculty and Leadership Development Project (FLDP).	Workshop	7-9 April 2008	Faculty of Engineering, Port Said, Suez Canal University	Faculty of Engineering, Port Said, Suez Canal University
22	"Scientific Research Tools" Faculty and Leadership Development Project (FLDP)	Workshop	13-16 April 2008.	Faculty of Education, Port Said, Suez Canal University	Faculty of Education, Port Said, Suez Canal University
23	“Quality Assurance and Accreditation” Faculty and Leadership Development Project (FLDP)	Workshop	20 -22 April 2008	Faculty of Nursing Port Said, Suez Canal University	Faculty of nursing, Port Said, Suez Canal University
24	“Credit Hours” Educational Developmental Center (EDC)	Workshop	28 th May 2008.	Faculty of nursing, Port Said, Suez Canal University	Faculty of nursing, Port Said, Suez Canal University
25	“Data Entry and Statistical Analysis”	Workshop	5 th June 2008	Faculty of nursing, Port Said, Suez Canal University	Faculty of nursing, Port Said, Suez Canal University
26	“Evaluation of Faculty Top Managers and Leaders” Educational Developmental Center (EDC).	Workshop	8 th June 2008.	Faculty of nursing, Port Said, Suez Canal University	Faculty of nursing, Port Said, Suez Canal University
27	“Role of Nurse in the Traditional Chinese Medicine” Educational Developmental Center (EDC)	Workshop	16 th June 2008.	Faculty of Nursing, Port Said, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
28	“Problem based learning (PBL) and Problem Formulation”	Workshop	18 to 20 June 2008.	Faculty of Medicine, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
29	“Quality Assurance and Accreditation” , Educational Development Center (EDC),	Workshop	20 to 22 June 2008.	Faculty of Nursing, Port Said, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
30	“Objective Structured Clinical Examination (OSCE)” . Education	Workshop	15 and 17 of July	Faculty of Nursing, Port	Faculty of Nursing,

	Developmental Center (EDC).		2008.	Said, Suez Canal University	Port Said, Suez Canal University
31	" Communication Skills"	Workshop	13th October 2008.	Faculty of Nursing, Port Said University	Faculty of Nursing, Port Said University
32	"Road map for building faculty Strategy"	Workshop	8th November, 2008.	Faculty of nursing, Port Said, Suez Canal University	Faculty of nursing, Port Said, Suez Canal University
33	"Students assessment". Center for Research and Development in medical education and health services (CRD)	Workshop	31 December 2008 to 1 January 2009.	Faculty of Medicine, Suez Canal University	Faculty of Medicine, Suez Canal University
34	"Academic supervision". Education Developmental Center (EDC)	Workshop	26 January 2009.	Faculty of nursing, Port Said, Suez Canal University,	Faculty of nursing, Port Said, Suez Canal University,
35	" Steps of academic accreditation and self-study", Education Developmental Center (EDC)	Workshop	16 February 2009.	Faculty of Nursing, Port Said, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
36	"Student assessment". Education Developmental Center (EDC)	Workshop	16 February 2009.	Faculty of Nursing, Port Said, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
37	"Internal editor" Education Developmental Center (EDC),	Workshop	10 March, 2009	Faculty of Nursing, Port Said, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
38	"Self-assertiveness" Educational Developmental Center (EDC),	Workshop	15th April 2009.	Faculty of nursing, Suez Canal university.	Faculty of nursing, Suez Canal university.
39	"Effective communication". Education Developmental Center (EDC)	Workshop	15 April 2009	Faculty of Nursing, Port Said, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
40	"Rules of Publishing in International Journals" Education Developmental Center (EDC)	Workshop	22 April 2009.	Faculty of Nursing, Port Said, Suez Canal University,	Faculty of Nursing, Port Said, Suez Canal University,
41	" Communication Skills"	Workshop	23rd June 2009.	Faculty of Nursing, Port Said University	Faculty of Nursing, Port Said University

42	"Quality management's concepts", Education Developmental Center (EDC),	Workshop	18 June 2009.	Faculty of Nursing, Port Said, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
43	"Using interactive board" Education Developmental Center (EDC)	Workshop	3 rd August 2009.	Faculty of Nursing, Port Said, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
44	"Research project funded or granted by European Union FP7 in health" Education Developmental Center (EDC)	Workshop	9 th August 2009.	Faculty of Nursing, Port Said, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
45	"Rules of promotion for scientific research of academic staff" Education Developmental Center (EDC)	Workshop	18 th October 2009.	Faculty of Nursing, Port Said, Suez Canal University	Faculty of Nursing, Port Said, Suez Canal University
46	Coordinator of "National program on" The danger of drug abuse and addiction"	Seminars	April 2009.	Faculty of Nursing, Port Said, Suez Canal University	Different academic settings in Port- Said Government .
47	"Self-assertiveness"	Seminar	2010	Faculty of Nursing, Damanhur University	Faculty of Nursing, Alexandria University
48	First annual scientific conference "Update in prevention and care of liver diseases".	Conference	9 th December 2010.	Faculty of Nursing, Port Said University,	Faculty of Nursing, Port Said University
49	"Students' evaluation systems: quality perspectives".	Workshop	5 th January 2011.	Faculty of Nursing, Damanhur University	Faculty of Nursing, Damanhur University
50	Pediatric nursing oncology challenges and care. 7 th annual scientific day.	Annual scientific day	29 th June 2011	Faculty of Nursing, Alexandria University. Pediatric Nursing Department.	Faculty of Nursing, Alexandria University
51	The second students' conference "Nursing: a step toward change".	Conference	27 th -28 th March 2012.	Faculty of Nursing, Suez Canal University	Faculty of Nursing, Suez Canal University
52	The 6 th Annual Scientific conference "Gap Between knowing and doing: Safety and Crisis management in Health Care".	Conference	10 th April 2013	Nursing Administration Department,	Faculty of Nursing, Alexandria University
53	The 12 th international Scientific	Conference	15-16	Faculty of	Faculty of

	Nursing Conference. "Accredited Higher Education Institutions: Challenges & Strategies"		May 2013.	Nursing, Alexandria University.	Nursing, Alexandria University.
54	The 8 th International Conference of Alexandria Regional Center for Women's Health and Development "Women's Rights are Human Right: How to Implement?"	Conference	2nd-3rd April 2014.	Alexandria Regional Center for Women's Health and Development	Alexandria
55	The 3 rd Annual Scientific Meeting "Nursing Education: It's Time to Click and Update"	Conference	7th September 2014.	Faculty of Nursing, Alexandria University	Faculty of Nursing, Alexandria University
56	The international conference "Alex Health 2014" of "Health: From theory to practice" .	Conference	22-23 October 2014.	Alexandria University in collaboration with High Institute of Public Health. Bibliotheca Alexandrina	Faculty of Nursing, Alexandria University
57	The first scientific day "Strengths and Challenges in Nursing Administration" .,	Scientific day	12th November 2014.	Nursing Administration Department,	Faculty of Nursing, Damanshour University
58	The 3 rd international conference of faculty of nursing, Tanta University "How to design your study tools questionnaires designs". "Quality of health care: Education and services" .	Conference	24-25th of November 2014.	The 3rd international conference of faculty of nursing, Tanta University.	Medical campus, Tanta University,
60	"Assertiveness and Human Relations"	Lecture	23rd April 2015.	Faculty of Nursing, Damanshour University	Faculty of Nursing, Damanshour University
61	The 1 st International Scientific Conference "Challenges and New Trends in Nursing"	Conference	14th May 2015.	Faculty of Nursing, Port Said University	Faculty of Nursing, Port Said University
62	" Plagiarism" .	Workshop	13th September 2015.	Faculty of Nursing, Damanshour University	Faculty of Nursing, Damanshour University
63	"Critique of Nursing Research Papers"	Workshop	15th September 2015	Faculty of Nursing, Damanshour University	Faculty of Nursing, Damanshour University
64	The 13 th International Scientific Nursing Conference in collaboration with Kennesaw University "Toward Better Nursing Practice"	Conference	12-13 October 2015.	At the Alexandria university Conference Hall	Faculty of nursing, Alexandria University
65	The 2 nd Annual Scientific Meeting "New Vision in Nursing"	Scientific Meeting	17th November	Faculty of Nursing,	Faculty of Nursing,

	Administration"		r 2015	Damanhour University	Damanhour University
66	"Research Team Management" Faculty and Leadership Development Project (FLDP)	A training course on	2nd -3rd November 2015.	Faculty of Nursing, Alexandria University,	Faculty of Nursing, Alexandria University,
67	"Decision Making and Problem Solving" Faculty and Leadership Development Project (FLDP) Faculty of Nursing, Alexandria University,	A training course on	18th-19th November 2015.	Faculty of Nursing, Alexandria University	Faculty of Nursing, Alexandria University
68	"Rubric"	Workshop	16th December 2015.	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
69	" Principles and Practices of Infection Control: Past, Present and Future"	Workshop	5th January 2016	Faculty of Nursing, Alexandria University in cooperation with Linnaeus University-Sweden,	Faculty of Nursing, Alexandria University
70	"Psychological Aspects of pregnancy" . In the 8 th International Conference "Discovering New Nursing Avenues in Patient Safety, Occupational and Environmental Health".	Talk In the 8th International Conference	27-28 March 2016	Helwan University	Helwan University
71	The 2 nd International Scientific Conference on "Nursing Between Reality and Hoped (Future Vision)" .	Conference	21 April 2016	Faculty of Nursing, Port Said University	Faculty of Nursing, Port Said University
72	"STDF"	Workshop	9th June 2016	Faculty of Nursing, Damanhur University,	Faculty of Nursing, Damanhur University,
73	"Organizing scientific conferences" . Faculty and Leadership Development Project (FLDP)	Training course	29th – 30th June 2016.	Faculty of Nursing, Alexandria University.	Faculty of Nursing, Alexandria University.
74	"Crisis and Disaster Management." Faculty and Leadership Development Project (FLDP).	Training course	18th – 19th June 2016	Faculty of Nursing, Alexandria University	Faculty of Nursing, Alexandria University
75	"SPSS" . (ICTP). Faculty of Nursing, Damanhur University, 26 th June 2016.	Training course	26 June 2016.	Faculty of Nursing, Damanhur University	Faculty of Nursing, Damanhur University
76	"International Publication of Scientific Research" . Faculty and Leadership Development Project (FLDP)	Training course	2-3 July 2016	Faculty of Nursing, Alexandria University	Faculty of Nursing, Alexandria University

77	"Examination Systems and Students Evaluation" Faculty and Leadership Development Project (FLDP)	Training course	20– 21 July 2016	Faculty of Nursing, Alexandria University	Faculty of Nursing, Alexandria University
78	The 3 rd Nursing Administration Conference "Innovative Paths to Nursing Administration"	Conference	7 th December 2017.	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
79	The 4 th International Scientific Conference. "Sustainability in Excellence: The Future of Nursing" .	Conference	18 th October 2018	Faculty of Nursing, Port Said University	Faculty of Nursing, Port Said University
80	"Untraditional Teaching Methods"	Workshop	24 th October 2018	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
81	"Achievement file for students"	Workshop	8-11-2018	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
82	" Programs and courses specification"	Workshop	13 th November 2018.	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
83	" Adopting an Academic Program" . Faculty and Leadership Development Center	Training course	21-22 November 2018	Damanhour University	Faculty of Nursing, Damanhour University
84	The 4 th Nursing Administration Conference " The Voice of Nursing Management" 6 th December 2018.	Conference	6 th December 2018.	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
85	"Stepsfor healthy life for awareness of breast cancer" . Faculty of	Workshop	9 th December 2018.	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
86	"Techniques of preparing examinations and linking exams to targeted learning outcomes."	Workshop	17 th December 2018	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
87	"eTOT3" . (CNF) Senghor University, Alexandria-Egypt. 3 rd -7 th March, 2019.	Training course	3 rd -7 th March, 2019.	(CNF) Senghor University, Alexandria-Egypt	(CNF) Senghor University, Alexandria-Egypt
88	The 1 st Students' Conference "Investing in Youth"	Conference	13 th March 2019.	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
89	" No... For Addiction and Drug Abuse "	Seminar	18 th March 2019	Faculty of Basic Education,	Faculty of Basic Education,

				Damanhur University	Damanhur University
90	“Designing Grading Rubrics to Assess Student Learning”	Workshop	18th. March 2019	Faculty of Basic Education, Damanhur University	Faculty of Basic Education, Damanhur University
91	The 5 th International Scientific Conference/ Port Said University on "Optimizing the Efforts to Advance Nursing and Integrated Care" .	Conference	24 April 2019	Faculty of Nursing, Port Said University	Faculty of Nursing, Port Said University
92	“Psychiatric Nursing” on the sideline of the 6 th annual regional conference of preventive psychiatry. The International Association for Psychological and Social Rehabilitation and Social Rehabilitation Foundation	Workshop	17 April 2019	At Dr. Jamal Madi Abu Al-Azayem Hospital, Cairo	At Dr. Jamal Madi Abu Al-Azayem Hospital, Cairo
93	“Step by Step for mental health and behavior modification”	Conference	21-22 June 2019	Faculty of Nursing Alexandria University	Faculty of Nursing Alexandria University
94	“Research Projects Funded by The Science and Technological Development Fund.” (STEF)	Workshop	25-8-2019	Damanhour University	Damanhour University
95	“Scientific leadership and academic guidance for Faculty members and the assisting body”	Workshop	15th September 2019.	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
96	“Self-expression” for Electronic University students.	Seminar	12-10-2019	Center for innovation and Technology Support and Marketing Damanhour University	Center for innovation and Technology Support and Marketing Damanhour University
97	<i>“Explanation of rules and work of scientific committee of the nursing sector 13th session of the year 2010-2022”</i>	Workshop	30-31 October 2019	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
98	<i>“Digitalization of education in the 21th century”</i>	Workshop	30-31 October 2019.	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
99	<i>“Kaizen”</i>	Workshop	30-31 October 2019.	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
100	<i>“How to be a scholar in nursing: Where practice research and teaching meet”</i> 30-31 October 2019.	Workshop	30-31 October 2019.	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
101	“Accreditation of an Academic	Workshop	28 &29-	Faculty of	Faculty of

	Program”		11-2019.	Nursing Damanhour University	Nursing Damanhour University
102	“Egyptian Knowledge Bank Federated search ”.	Workshop	2-12-2019	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
103	“How to write paper questions’ exams and Electronic questions”	Workshop	9-12-2019	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
104	“Competency Based Standards”	Workshop	9-12-2019	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
105	“Dealing with psychological stressors in Covid-19 Pandemic” For internship Students	Online Webinar	26-8-2020	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
106	” Egyptian government excellence Award”	Online Webinar	1-9-2020	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
107	“How to create a questionnaire electronically using Google Form”	Online Webinar	7-9-2020.	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
108	How to choose the appropriate scientific journal to publish scientific research.	Online Webinar	9-9-2020	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
109	The united educational platform for distance learning of the Ministry of Higher Education and Scientific Research	Online Webinar	5-10-2020	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
110	“Add Zoom for Microsoft team”	Online Webinar	30-10-2020	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
111	"ERASMUS”	Online Webinar	18-11-2020	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
112	“How to develop exams electronically using Microsoft Team Form”	Online Webinar	2020	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
113	Introducing the EU Project - Climate change	Online Webinar	30-1-2021	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
114	:” Drive and one Drive”	Online Webinar	31-1-2021	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University

115	“The 1st Educational Microsoft Team Conference for University learning (2021).” On	Online	3 rd & 4 th – February, 2021	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
116	“Web of Knowledge ISI (ICR) List Webinar”	Online	18 th February 2021.	Quality Assurance Unit, Faculty of Nursing Damanhour University	Faculty of Nursing, Alexandria University in collaboration with Quality Assurance Unit
117	” Idea of research”	Online webinar	20 th February. 2021.	Research Support Center, Helwan University	Helwan University
118	The 9 th International Conference of the Faculty of Nursing, Tanta University, “Visions and future Prospects for nursing to Face Disasters and Health Crisis”.	Online Conference	March 7 th , 2021	Faculty of Nursing, Tanta University	Faculty of Nursing, Tanta University
119	“Obstacles of Microsoft Team”. In the 9 th International Conference of the Faculty of Nursing, Tanta University, “Visions and future Prospects for nursing to Face Disasters and Health Crisis”.	Workshop	March 8 th , 2021	Faculty of Nursing, Tanta University	Faculty of Nursing, Tanta University
120	Academics & Researchers Platforms (IFAD)’ scientific webinar entitled: “Scientific Publishing Strategies in the International Journals”.	Online Platform-Zoom application	13 th March 2021.	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
121	Foreseeing the Future in Nursing Profession and Nursing Education	Online webinar	March 17 th 2021.	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
122	“ORCID: Managing Your Author Identity”	Online webinar	April 6 th , 2021	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
123	“Preparation of Question Banks	Online workshop	27 April 2021	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
124	Together to meet challenges: First Arabic Conference on mental Health	Online Conference	28 th -29 th May 2021	----	----
125	“Competency Based Education in Nursing”	Online workshop	23&24 November 2021	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University

126	Cognitive behavioral therapy of high places and bridges' phobia	Online workshop	Health	Arabic Institute of Mental Health	Arabic Institute of Mental Health
127	Practices of implementing the research plan and how to apply scientific research in the curriculum	Online workshop	3-4-2022	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
128	The different patterns of personality and how to deal with	Online workshop	3-4-2022	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
129	“Thinqi Platform Training”	Online webinar	11-9-2-22 to 15-9-2022	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
130	“(TOT)Training of trainers”,	Online training	1/11/2022-11/12/2022 Approved for (40 hrs.)	American Global Training& Coaching Board (GTB-USA)	American Global Training& Coaching Board (GTB-USA)
131	(Laughter Therapy) as an intervention to promote psychological wellbeing.	Online Seminar	2022	Modern University for Technology and Information	Modern University for Technology and Information
132	“Egypt Hub”	Online workshop	December 2022	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
133	“The application of Problem – Based Learning in Educational Institutions”.	Online Workshop	23-24 September 2022	Afro Asian Association of Nursing Professionals. Canadian Academy for Department and Training	Afro Asian Association of Nursing Professionals. Canadian Academy for Department and Training
134	Developing measurement and evaluation systems in the light of digital transformation	Workshop	8th January 2023.	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
135	Performance indicators and Benchmarking	Workshop	January 23rd, 2023.	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
136	Measuring the educational outcomes of programs and courses	Workshop	March 18th, 2023.	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University
137	“Virtual Reality in Nursing Education”	Webinar	3-6-2023.	Faculty of Nursing	Faculty of Nursing

				Damanhour University	Damanhour University
138	“Nursing is the gateway to life “	Conference	7-10-2024	Faculty of Veterinary Damanhour University ry,	Damanhour University
139	The Annual Scientific Conference of Psychiatric and Mantal Health Nursing Department “Shaping the Future of Health Care: The Integration of Interdisciplinary Mental Health Nursing”	Conference	2024	Faculty of Nursing, Alexandria University	Faculty of Nursing, Alexandria University
140	“Togetherness Empowerment” . Psychiatric and Mantal Health Nursing Department, Faculty of Nursing, Alexandria University.	Workshop	2024	Faculty of Nursing, Alexandria University	Faculty of Nursing, Alexandria University
141	“Preparation of practical tests using OSCI “		2025-4-28	Faculty of Nursing Damanhour University	Faculty of Nursing Damanhour University

Community Service Participation

No	Participation	Date	Location	Type of Participation	Institution
1	“Awareness of the recent law of drug addiction”	17-7-2019	Damanhour University	Responsible for developing and presenting seminar	Community Service and Development affairs Committee- Faculty of Nursing, Damanhour University and the Fund for Combating Addiction
2	“Self-Expression”	12-10-2019	Center for innovation and Technology Support and Marketing Damanhour University	Seminar for Electronic University students.	Damanhour University
3	“Psychological and Social effects of Drug Addiction”	16-10-2019	Damanhour Creative Art Center	Seminar for students of Higher Institute of Social work in cooperation with the fund for Combating Addiction	Damanhour City

4	"Your role in building the Egyptian Future."	9-8-2020	Damanhour University	online webinar	Faculty of Nursing, Damanhour University
5	Governance in the administrative system of the state	30 of May 2021	Damanhour University	online workshop	Faculty of Nursing, Damanhour University
6	Belonging and Citizenship	14-11-2021	Damanhour University	online workshop	Faculty of Nursing, Damanhour University

Scientific and Professional Memberships

No	Membership Title	Date	Institution
1	Head of the Psychiatric Nursing and Mental Health Department.	, 22 nd August 2019 up to 2025.	Faculty of Nursing, Damanhur University
2	Executive Director of the Psychological Counseling Center,	2018 up to 2025.	Faculty of Nursing, Damanhur University
3	Member of Faculty Council	September 2019 to 2025	Faculty of Nursing, Damanhur University
4	Member of the education and student Affairs committee	2017-2025	Faculty of Nursing, Damanhur University
5	Member of committee for Updating the Bachelor's Regulation with the Credit hours system	2020	Faculty of Nursing, Damanhur University
6	Member of the Post- Graduates Studies Committee	2020-2022	Faculty of Nursing, Damanhur University
7	Member of Updating Committee of the Post-Graduates Studies Regulations	2021	Faculty of Nursing, Damanhur University
8	Member of Damanhour Scientific Nursing Journal "DSNJ"	2021	Faculty of Nursing, Damanhur University
9	Member of the Committee for the preparation of the Damanhour Scientific Nursing Journal Regulations "DSNJ"	2023	Faculty of Nursing, Damanhur University
10	Member of the director's Board of Damanhour Scientific Nursing Journal "DSNJ"	2023	Faculty of Nursing, Damanhur University
11	Member of the Community Services and Environmental Development Affairs Committee	2018-2020	Faculty of Nursing, Damanhur University

12	Member of the Cultural Relation Committee	2019	Faculty of Nursing, Damanhur University
13	Member of teamwork of distinguished program at the faculty	2020	Faculty of Nursing, Damanhur University
14	Member of the Entrepreneurship and Career Guidance Unit	2020	Faculty of Nursing, Damanhur University
15	Deputy Executive Director of the Entrepreneurship and Career Guidance Unit	2021-2023	Faculty of Nursing, Damanhur University
16	Member of the Interview Committee for new Students	2019-2023	Faculty of Nursing, Damanhur University
17	Coordinator of the Public relations Committee of the Second International Conference of the faculty of Nursing	30-31 October 2019	Faculty of Nursing, Damanhur University
18	Member of the Scientific Committee of the Second International Conference of the faculty of Nursing	30-31 October 2019	Faculty of Nursing, Damanhur University
19	Member of the committee for examining the post- graduate students' files in the psychiatric nursing department	2020-2022	Faculty of Nursing, Damanhur University
20	Member of the committee for Examining Complaints and Follow up of Post- graduate Students and research	2021	Faculty of Nursing, Damanhur University
21	Member of the jury of the Ideal student competition	2020-2019	Faculty of Nursing, Damanhur University
	Member of the Medical and Health Sector of African-Asian Union for Vocational and Technical Training	2021	Faculty of Nursing, Damanhur University
	Member of the Afro-Asian Association of Nursing Expert , Medical and Health Sector of African-Asian Union for Vocational and Technical Training	2021	Faculty of Nursing, Damanhur University
	Post-Graduate Control Member	2021-2-22L/ 2023-2024	Faculty of Nursing, Damanhur University
	Member of the internal Audit for Second Year Control, Bachelor program	September 2019	Faculty of Nursing, Damanhur University
	Member of the committee for the development of the examination paper and oral test in the post- graduate program (Master)	2020-2021	Faculty of Nursing, Damanhur University
	تقييم الابحاث العلمية للطلاب بالكلية بتاريخ 27-1-2021 تمهيدا للمشاركة بالمؤتمر العلمي الثالث لطلاب الجامعات والمعاهد المصرية " علماء المستقبل " 30-31 مارس 2021	March 2021	Faculty of Nursing, Damanhur University
	Development of a proposal for professional diploma specialized in mental health for children and adolescents and	December 2020	Faculty of Nursing, Damanhur University

	professional diploma specialized in psychological counseling		
	Member of the scientific research Ethical committee	2024-2025	Faculty of Nursing, Damanhur University