



## Curriculum Vitae (C.V)



| Name                    | First                      | Middle | Third      | Last Name |
|-------------------------|----------------------------|--------|------------|-----------|
|                         | Asmaa                      | Sobhy  | Abdelfatah | Asran     |
| Name                    | Full Legal Name            |        |            |           |
|                         | Asmaa                      | Sobhy  | Abdelfatah | Asran     |
| Nationality             | Egyptian                   |        |            |           |
| Mobile                  | 01011043810                |        |            |           |
| Email                   | asmaa.sobhy@nur.dmu.edu.eg |        |            |           |
| Languages Proficient In | Arabic, English            |        |            |           |
| Academic Rank           | Assistant lecturer         |        |            |           |

### Academic Qualifications

| Degree        | Date Obtained | Degree Title                                                                    | Issuing Institution                      | Thesis Title                                                                    |
|---------------|---------------|---------------------------------------------------------------------------------|------------------------------------------|---------------------------------------------------------------------------------|
| B.Sc Nursing  | 2018          | Obstetric and Gynecological Nursing                                             | faculty of Nursing, Dammanhur University | -----                                                                           |
| Master degree | 31/12/2024    | Factors associated with menstrual irregularities among female nursing students. | Faculty of nursing, damanhour university | Factors associated with menstrual irregularities among female nursing students. |

### Scientific and Professional Experience:

### Experience in Quality and Academic Accreditation:

**Member in the Quality Assurance, Obstetric and Gynecological nursing Department, Faculty of Nursing, Dammanhour University.**

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## Teaching Methods I Use in My University Teaching

|                                                   |
|---------------------------------------------------|
| Set goals                                         |
| Be prepared                                       |
| Don't lecture directly from the textbook          |
| Write key points on the board briefly             |
| Encourage students to participate in class        |
| Use visual aids, videotapes, overheads, and films |
| Use real-world examples (Use concrete examples)   |
| Discuss current research findings in class        |
| Be fair with all students                         |
| Be available for students                         |

## Technologies Used (examples)

|                                                    |
|----------------------------------------------------|
| Be punctual for class                              |
| Vary teaching methods                              |
| Review the previous day's lecture at the beginning |
| Encourage cooperative learning                     |
| Be relaxed and occasionally humorous               |
| Utilize modern IT in teaching                      |
| Maintain eye contact with students                 |
| Do not embarrass students                          |
| Vary voice levels                                  |
| Speak slowly and clearly                           |
| Move around actively                               |
| Base grading on various factors                    |

Professional Experience

| Duration        | Employer                                         | Position                                                |
|-----------------|--------------------------------------------------|---------------------------------------------------------|
| 3 years         | Children's Cancer Hospital Egypt (CCHE)          | Nurse specialist                                        |
| 2021-2024       | Faculty of Nursing, Damanhour University, Egypt. | Demonstrator, obstetric and gynecological nursing       |
| 2024- until now | Faculty of Nursing, Damanhour University, Egypt. | Assistant lecturer, obstetric and gynecological nursing |

Teaching Experience

| Location             | Institution                                             | Courses Taught                                                                                                  |
|----------------------|---------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| Damanhour, Egypt     | Faculty of Nursing, Damanhour University                | antenatal, Postpartum, gynecological Clinical Nursing Courses at Obstetric and Gynecological Nursing Department |
| Housh Essa, ELbehara | Military Health Technical Institute of the Armed Forces | Clinical teaching of Obstetric and gynecological nursing for 2nd year                                           |

Scientific Publications and Books

|   | Title | Type of Work | Publisher | Year of Publication |
|---|-------|--------------|-----------|---------------------|
| 1 | -     | -            | -         | -                   |

Published Scientific Research

| م | Title                                                                           | Type                                         |
|---|---------------------------------------------------------------------------------|----------------------------------------------|
| 1 | Factors associated with menstrual irregularities among female nursing students. | Obstetric and Gynecological Nursing research |

|   | Thesis Titles                     | Type of Participation     |
|---|-----------------------------------|---------------------------|
| 1 | Factors associated with menstrual | The research of my thesis |

|  |                                                      |  |
|--|------------------------------------------------------|--|
|  | <b>irregularities among female nursing students.</b> |  |
|--|------------------------------------------------------|--|

### Scientific Awards, Research Grants, and Certificates of Appreciation

| ٢ | Type of Award | Occasion | Date Obtained | Issuing Institution |
|---|---------------|----------|---------------|---------------------|
| 1 | -             | -        | -             | -                   |

### Professional Development Participation in Conferences, Seminars, Lectures, Courses, and Workshops

|    | Title                                                         | Conference/<br>Seminar/<br>Workshop | Date        | Location                                 | Institution                              |
|----|---------------------------------------------------------------|-------------------------------------|-------------|------------------------------------------|------------------------------------------|
| 1  | Attending work shop about ‘(scopus & wos)’                    | workshop                            | 21/9/2023   | Faculty of Nursing, Damanhour University | Faculty of Nursing, Damanhour University |
| 2  | Attending work shop about ‘Premenstrual Syndrome( PMS)’       | workshop                            | 22/4/2024   | Faculty of Nursing, Damanhour University | Faculty of Nursing, Damanhour University |
| 3  | Attending work shop about ‘you have the right to know’        | workshop                            | 10/7/2024   | Faculty of Nursing, Damanhour University | Faculty of Nursing, Damanhour University |
| 4  | Attending work shop about ‘the challenge facing the women’    | workshop                            | 10/7/2024   | Faculty of Nursing, Damanhour University | Faculty of Nursing, Damanhour University |
| 5  | Attending work shop about ‘the ways to stop smoking’          | workshop                            | 12/8/2024   | Faculty of Nursing, Damanhour University | Faculty of Nursing, Damanhour University |
| 6  | Attending work shop about ‘the evacuation plan’               | workshop                            | 12/8/2024   | Faculty of Nursing, Damanhour University | Faculty of Nursing, Damanhour University |
| 7  | Attending work shop about ‘the cardiopulmonary resuscitation’ | workshop                            | 12/8/2024   | Faculty of Nursing, Damanhour University | Faculty of Nursing, Damanhour University |
| 8  | Attending work shop about ‘early detection of breast cancer’  | workshop                            | 11/11/2024. | Faculty of Nursing, Damanhour University | Faculty of Nursing, Damanhour University |
| 9  | Participate and Attending work shop about ‘dark web’          | workshop                            | 9/12/2024.  | Faculty of Nursing, Damanhour University | Faculty of Nursing, Damanhour University |
| 10 | Attending work shop about                                     | workshop                            | 17 /2/2025. | Faculty of Nursing,                      | Faculty of Nursing,                      |

|    |                                                                                         |                 |             |                                          |                                          |
|----|-----------------------------------------------------------------------------------------|-----------------|-------------|------------------------------------------|------------------------------------------|
|    | ‘ways of violence against Egyptian women’’                                              |                 |             | Damanhour University                     | Damanhour University                     |
| 11 | Participate and Attending work shop about ‘electronic violence against Egyptian women’’ | <b>workshop</b> | 27 /4/2025. | Faculty of Nursing, Damanhour University | Faculty of Nursing, Damanhour University |

### Community Service Participation

|   | Participation | date | Location | Type of Participation | Institution |
|---|---------------|------|----------|-----------------------|-------------|
| 1 | -             | -    | -        | -                     | -           |

### Committees

| Institution | Membership Type | Date | Committee Name |
|-------------|-----------------|------|----------------|
| -           | -               | -    | -              |

### Scientific and Professional Memberships

|   | Membership Title | Date | Institution |
|---|------------------|------|-------------|
| 1 | -                | -    | -           |