

## **Curriculum vitae**

**Name** : Elham Gomaa Ramadan El Gmal

**Date of birth** : 1-9-1988

**Nationality** : Egyptian

**Marital status** : Married

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### **Educational Qualifications:**

- ❖ B.Sc Nursing (excellent), faculty of nursing ,Alexandria university,Egypt,2009
- ❖ M.Sc obstetric and gynecological nursing , faculty of nursing ,Tanta university,Egypt,2018 ; which titled as:  
The Relationship between nutritional status and occurrence of pre-eclampsia among pregnant women
- ❖ PhD. obstetric and gynecological nursing , faculty of nursing ,Alexandria university,Egypt,2022 ; which titled as:  
Effect of third trimester Lamaze preparation on labor pain intensity and pregnancy outcome

### **Professional Experience and Academic Position:**

- Lecturer Of Obstetrics And Gynecological Nursing, Faculty Of Nursing, Damanhur University, Egypt (2022 till now)
- Lecturer Of Obstetrics And Gynecological Nursing, Faculty Of Nursing, Rasheed University, Egypt 2024-2025
- Assistant lecturer Of Obstetrics And Gynecological Nursing, Faculty Of Nursing, Damanhur University, Egypt (2018-2022)
- Demonstrator Of Obstetrics And Gynecological Nursing, Faculty Of Nursing, Damanhur University, Egypt (2011-2018)

## Teaching experiences

| Course Title                                                                                | Course Level                                                          | Location                                                              |
|---------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------------------|
| <b>For Undergraduates students</b>                                                          |                                                                       |                                                                       |
| Lecturer for obstetrics and gynecology nursing course                                       | third year<br>From 2022 up till now                                   | Faculty of nursing ,<br>Damanhur university                           |
| Clinical supervisor Lecturer for obstetrics and gynecology nursing course                   | third year<br>From 2022 up till now                                   | Faculty of nursing ,<br>Damanhur university                           |
| Responsible for developing OSCE examination for obstetrics and gynecologic nursing students | third year<br>From 2022 up till now                                   | Faculty of nursing ,<br>Damanhur university                           |
| Lecturer for scientific writing course                                                      | Undergraduate students From 2022-2023                                 | Faculty of nursing ,<br>Damanhur university                           |
| Assignment to the Military Health Technical Institute of the Armed Forces in Housh Issa     | Undergraduate students From 2019-2020                                 | Military Health Technical Institute of the Armed Forces in Housh Issa |
| Lecturer for Biostatistics course                                                           | Undergraduate students From 2023-2024                                 | Faculty of nursing ,<br>Damanhur university                           |
| Lecturer for obstetrics and gynecology nursing course                                       | third year<br>2024-2025                                               | Faculty of nursing ,<br>Rasheed university                            |
| Lecturer for reproductive health course                                                     | third year<br>2024-2025                                               | Faculty of nursing ,<br>Damanhur university                           |
| <b>For postgraduates students</b>                                                           |                                                                       |                                                                       |
| Clinical supervisor for midwifery & family planning & gynecology master program             | <b>Master students</b><br>• 2020-2021 & 2021-2022&2022-2023&2023-2024 | Faculty of nursing ,<br>Damanhur university                           |
| Responsible for developing OSCE examination for master program students                     | <b>Master students</b><br>2020-2021 & 2021-                           | Faculty of nursing<br>Damanhur university                             |

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|  | 2022&2022-<br>2023&2023-2024 |  |
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### **Administrative and quality assurance Experience:**

- First Deputy Executive Director for the Quality Assurance unit in faculty of nursing, Damanhur university 2024-2025
- Academic advisor for students, faculty of nursing, Damanhur university 2023 till now
- Deputy Executive Director for the Quality Assurance unit in faculty of nursing, Damanhur university 2023-2024
- Member on the Broad of Directors for the Quality Assurance unit in faculty of nursing, Damanhur university 2022
- Member of the executive team of the Quality Assurance Unit, Faculty of Nursing, Damanhur University, as a coordinator Standard for students and graduates 2021 till now
- Member of the Standard for students and graduates' executive team from 2012 till now
- Member of the quality management standard executive team from 2012 till now
- Member of the executive team of the project of Support and Qualifying of Educational Programs for International Accreditation in Higher Education Institutions (SQEPIA )
- Responsible for the standard of teaching, learning and student-centered assessment in the international accreditation project in accordance with the standards of the German Authority AHPGS and the standards of the European Network ENQA/ESG, faculty of nursing, Damanhur university 2023 till now
- Member of the administrative team for the practical and oral exams project, faculty of nursing, Damanhur university 2023 till now
- Quality Coordinator in the Department of Obstetrics and Gynecology Nursing, Faculty of Nursing, Damanhur University 2021 till now
- Member of the Evaluation Measurement Unit, Faculty of Nursing, Damanhur University 2021 till now
- Member of the college's internal audit committee reviewing standards files 2022 till now
- Member of the Council of the Obstetrics and Gynecology Nursing Department, faculty of nursing, Damanhur university 2022 till now
- Member of the student guide preparation team 2021 till now

- Scientific research coordinator of the Obstetrics and Gynecology Nursing Department, faculty of nursing, Damamhur university 2019-2023
- Member of the third year control 2019
- Member of Aptitude Tests and Admissions Control 2022 till now
- Sharing in preparation of Artificial intelligent in education program, Faculty of Nursing Damamhur University 2023-2024

### **Supervising of thesis**

- Factors Associated with Menstrual Irregularities among Female Nursing Students, master thesis
- Risk Factors for Caesarean Section Delivery and Their Associated Maternal and Fetal Outcomes.

### **Skills:**

#### **Computer skills:**

- Excellent knowledge of windows, MS Word, Excel, Power point, Access, IT and internet
- International Computer Driving License (ICDL) certification, Jun,2012
- Successfully completed the Digital Transformation Basics course held by Faculty and Leadership Development Center(FLDC) of Damamhur University, 2022

#### **Language skills:**

- Native language Arabic
- Excellent command of both written and spoken English
- Successfully passing an intensive English Language Course at Tanta University Language and Continuing Education Center (LCEC)
- TOEFL certification from ESP Center at Alexandria University,18 Oct,2016

### **Scientific meetings and Conferences:**

- Participate in workshop about virtual reality in the Faculty of Nursing, Damamhur University, through Microsoft team 3/6/2023.
- Participate in 4th international scientific nursing conference 15 march 2023 " held by, Faculty of nursing, Damamhur University

- Participate in workshop about exam blue print in oral and practical exam in the Faculty of Nursing, Damanhur University, 23/2/2023.
- Participate in workshop about ‘ ‘Measuring the intended educational outcomes for academic programs and courses in the Faculty of Nursing, Damanhur University, 18/3/2023
- Attending a training course on performance indicators and benchmarking at the College of Nursing on Monday 1/23/2023
- Participate in workshop about " innovative evaluation method’ ’ in the Faculty of Nursing, Damanhur University, 21/2/2022
- Participate in workshop about "objective, outcome the fundamental difference. How to write well defined educational objective’ ’ in the Faculty of Nursing, Damanhur University, 25/2/2022.
- Attending a training course on the self-evaluation of the College of Nursing according to the academic accreditation standards from the Academic Accreditation Authority of the German Accreditation Authority (AHPGS and the European Association for Quality Assurance of Higher Organization) on Thursday 12/1/2023 (ENQA)
- Participated in workshop about the application office 365 at 9 November 2022
- Participated in workshop for project executives, question banks and electronic exams on 26-11-2022
- Participated in workshop about electronic exam in Early Childhood Education faculty At 12-2022
- Participated in workshop about family counseling and premarital care at Faculty of Nursing, Damanhur University, 19/10/2022
- Participated in workshop about The National Council for Women organizes a training course for the coordinators of Damanhur and Sadat Universities. Damanhur University, 24/10/2022.
- Participate in workshop about " Work practices for implementing the research plan and how to apply scientific research in the academic curricula in the Faculty of Nursing, Damanhur University, 4/4/2022
- Participate in workshop about "communication" at Faculty of Nursing, Damanhur University, 30/3/2022.
- Participate in workshop about "communication with different personality and how deal with it " at Faculty of Nursing, Damanhur University, 31/3/2022

- Participate in the 1st virtual, the 3rd international scientific nursing conference 18th august 2021 " held by, Faculty of nursing, Damanhur University" entitled COVID-19 and the era of nursing transformation to digitalization.
- Participate in workshop about "flipped or inverted class room strategy" at Faculty of Nursing, Damanhur University, 28/3/2022.
- Participate in workshop about competency based education in nursing at Faculty of Nursing, Damanhur University, 23-24/11/2022.
- Attending work shop about preparing program and course report and matrix
- Attending work shop about portfolio
- Attending work shop about Electron rectification and correction systems
- Attending work shop about OSCE exam
- Attending work shop about SPSS
- Attending work shop about NARS
- Attending work shop about progressive relaxation technique
- Attending work shop about credit hours
- Attending work shop about international accreditation
- Attending work shop about rubrics

### Activities:

- Participate as a trainer in work shop entitled "New Issues in obstetrics and Gynecology"
- Participate in preparing the first national student day of faculty of nursing Damanhur university
- Attending the activity of 8<sup>th</sup> women`s health promotion society congress October 6-7-2022, convention center faculty of medicine Alexandria university
- Attending the activity of 1<sup>st</sup> International Nursing Conference: faculty of nursing October 6 university: Sustainable development :nursing education and quality of health care 13-14 December 2022
- Attendance of 8th Women`s health promotion society congress, October 6-7,2022, convention center faculty of medicine Alexandria university.
- Participated as a presenter in the fourth international scientific nursing conference,2023 the second virtual faculty conference " Nursing toward sustainable health" held in 14th -15th March 2023.
- Participated in a workshop on academic advising in the credit hour system through Microsoft Team on Tuesday 23/8-2022

- Participation in attending a course entitled Climate Change via Microsoft Team on Monday 26-9-2022
- Participated in a workshop on How to write research plan
- Participated in online workshop on Generating automated certificates held in a period 26 March-20 April 2023
- Participated in online workshop on getting prepared for Thinqi implementation held in a period 26 March-20 April 2023
- Participated in online workshop on Transforming curricula into Drama works held in a period 26 March-20 April 2023
- Participated in online workshop on Digital transformation of metacognitive strategies held in a period 26 March-20 April 2023
- Participated in online workshop on Metaverse in education held in a period 26 March-20 April 2023
- Participated in conference entitled the future of home health care opportunities and challenges held on 12th October 2022
- • Attending a symposium entitled “Family Counseling” in cooperation with the Unit for Combating Violence against Women and the National Council for Women on October 19, 2022.
- Attending online workshop about nursing care for pre-eclamptic women held in 28 February 2023
- Attending work shop about International Publication in Scopus & WOS Journals held in faculty of nursing , Damanhur university 21-9-2023
- Attending work shop about MOOC Development & Management in nursing education held in 23-9-2023 on Microsoft teams
- Attending the 10th conference of young researchers, faculty of nursing ,Tanta university titled: Youth enthusiasm: the driving force of the nursing profession. held in 12th December,2023
- Attending work shop about Credit Hours held by Damanhur university in 4-2-2024
- Attending the first scientific conference of women`s health and midwifery nursing department under the title: Climate changes as a major stressor on pregnancy and birth outcomes held in 28-4-2024
- Attending A seminar about Pre-menstrual syndrome held by obstetric and Gynecological department Faculty of Nursing, Damanhur university 22-4-2024

- Participating in the online workshop held in 12 March 2024 titled: Guidelines of using AI in scientific research, with some applications on Chat Gpt , Hugging Face and Gemini. Part of the Ramadan Gana series.
- Participating in the online workshop held in 14 March 2024 titled: Foundation of AI. Part of the Ramadan Gana series.
- Participating in the online workshop held in 17 March 2024 titled: Introduction to prolog. Part of the Ramadan Gana series.
- Participating in the online workshop held in 19 March 2024 titled: AI powered infographic Generators for research and education. Part of the Ramadan Gana series.
- Participating in the online workshop held in 21 March 2024 titled: Tips and Tricks About prompt Engineering Chat Gpt. Part of the Ramadan Gana series.
- Participating in the online workshop held in 24 March 2024 titled: AI Video and presentation Generators. Part of the Ramadan Gana series.
- Attending 38th Annual international congress of the Obstetrics &Gynecology Department, Faculty of Medicine, Alexandria university held in 9-10 May 2024.
- Attending CABI online training session on international publication "Writing Professional Responses to Editor and Reviewers` Reports" that held virtually at the department of Genetics, Faculty of Agriculture, Assiut University, Egypt. Organized in collaboration with the Egyptian Knowledge Bank, May 28,2024.
- Organizing of obstetric and gynecological nursing department seminar about " التحديات التي تواجه " المرأة المصرية " 10 July 2024
- Attending obstetric and gynecological nursing department seminar about "من حقك تعرفي" 10 July 2024
- Effective Attendance in the workshop of "Plagiarism Check, Achieving the Golden percentage, and Scientific Texts` Linguistic proofreading" Scientific Training Platform 26-09-2024.

### Compositions

- Sharing in developing the obstetric & gynecological nursing conference book for the third year students, Faculty of Nursing Damanhur University 2018-2019,2019-2020,2020-2021,2021-2022,2022-2023,2023-2024,2024-2025
- Sharing in developing logbook of obstetric & gynecological nursing for the third year students, Faculty of Nursing Damanhur University 2018-2019,2019-2020,2020-2021,2021-2022, 2022-2023,2023-2024,2024-2025.

- Sharing in developing the reproductive health nursing conference book for the third year students, Faculty of Nursing Damanhur University 2024-2025
- Sharing in developing the scientific writing book for the first level students, Faculty of Nursing Damanhur University 2022-2023
- Sharing in developing the Biostatistics book for the forth level students, Faculty of Nursing Damanhur University 2023-2024

### Published researches

- Effect of Third Trimester Lamaze Preparation on Labor Pain Intensity and Pregnancy Outcome. Alexandria Scientific Nursing Journal, 24(2), 50-59, 2022.
- Effect of Bensons Relaxation Therapy on Physiological Parameters, Sleep Quality and Anxiety Level among Antenatal Mothers with High Risk Pregnancy. Egyptian Journal of Health Care, 14(4), 1581-1595, December 2023.
- Effect of Tailored Psycho-Educational Intervention on Depression and Anxiety levels among Pregnant Women with Spontaneous Abortion History. Egyptian Journal of Health Care, 15(1), 1825-1839, March 2024.
- Effect of Hoffman's Exercise on Successful Breastfeeding and Satisfaction among Postnatal Women with Flat and Inverted Nipples. Egyptian Journal of Health Care 15.2 (2024): 89-101.
- Factors Associated with Menstrual Irregularities among Female Nursing Students." Egyptian Journal of Health Care 15.3 (2024): 913-929.

### Self-assessment:

- Ambitious, success to reach my goals
- Dynamic ,Active ,Positive And Effective
- Creative ,Self -motivated ,Working under stress
- Talented & result oriented ,good dealing with all situations
- Excellent relation formation with people