



Curriculum Vitae (C.V)

جامعة المنصورة
Damanhour University



Name	First	Middle	Third	Last Name
	Azza	Medhat	Aziz	Mansy
Name	Full Legal Name			
	Azza Medhat Aziz Mansy			
Nationality	Egyptian			
Mobile	01090279343&01000216223			
Email	Azza.Mansy@nur.dmu.edu.eg azzamedhatmansy@gmail.com			
Languages Proficient In	Arabic: (Mother tongue) English: (Read, Write, Speak) Good			
Academic Rank	Lecturer of psychiatric Department , Faculty of Nursing, Damanhour university			

Academic Qualifications



Scientific and Professional Experience:

Degree	Date Obtained	Degree Title	Issuing Institution	Thesis Title
BSC "Nursing" Excellent Honor degree		Registered Nurse	Faculty of Nursing, Cairo University	-
Master of psychiatric Nursing		Assistant Lecturer	Psychiatric Nursing Department, Faculty of Nursing, Cairo university	Emotional Intelligence and adjustment among blind and sighted female adolescents
Doctorate of psychiatric Nursing		Lecturer	Psychiatric Nursing Department , Faculty of Nursing, Cairo university	Impact of antibullying educational program on psychosocial and academic adjustment among preparatory school victims

TOT training Accredited by the supreme council for universities		Qualified And Accredited Trainer At Faculty And Leadership Developmental Center Damanhour University	Faculty And Leadership Developmental Center Damanhour University	----
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Experience in Quality and Academic Accreditation:

- Member and coordinator in the Quality Assurance & Accreditation Unit, Faculty of Nursing, Damanhour University.
- Duputy Director of the psychological support unit , Faculty of Nursing, Damanhour University.
- Member of Academic guidance unit , Faculty of Nursing, Damanhour University.
- Member of academic development unit, Faculty of Nursing, Damanhour University.
- Member in international Jerman accreditation program, Faculty of Nursing, Damanhour University.

Teaching characteristics &Methods being used in My University Teaching

✓ Set goals
✓ Be prepared
✓ Don't lecture directly from the textbook
✓ Write key points on the board briefly
✓ Encourage students to participate in class
✓ Use visual aids, videotapes, overheads, and films
✓ Use real-world examples (Use concrete examples)
✓ Discuss current research findings in class
✓ Be fair with all students
✓ Be available for students
✓ Use different teaching strategies such as Lecture, cooperative learning, flipped classroom, group discussion, and gamification.

Personal characteristics & Technologies Used (examples)

✓ Be punctual for class (Be prompt for class)
✓ Vary teaching methods (Vary class formats)
✓ Review previous day's lecture at the beginning
✓ Encourage cooperative learning
✓ Be relaxed and occasionally humorous.
✓ Utilize modern IT in teaching (Use E-Learning in the classroom)
✓ Maintain eye contact with students
✓ Do not embarrass students (Don't embarrass students by publicly calling on them)
✓ Vary voice levels
✓ Speak slowly and clearly
✓ Move around actively
✓ Base grading on various factors

Professional Experience

Duration	Employer	Position
27 April,2011- 2017	Faculty of Nursing, Cairo University, Egypt.	Demonstrator& Clinical Instructor , Psychiatric Mental Health Nursing,
31 th may, 2017-2021	Faculty ofNursing, Cairo University, Egypt.	Assistant lecturer , Psychiatric Mental Health Nursing,
June, 2021	Faculty of Nursing, Cairo University, Egypt	Lecturer , Psychiatric Mental Health Nursing,
28November, 2022- present	Faculty ofNursing, Damanhour University, Egypt.	Lecturer , Psychiatric Mental Health Nursing,
2024-2025	Faculty And Leadership Developmental Center Damanhour University	Qualified And Accredited Trainer At Faculty And Leadership Developmental Center Damanhour University

Teaching Experience

	Duration	Institution	Courses Taught
1	september, 2021- till now	Faculty of Nursing, Damanhour University.	“psychiatric department Nursing course (theory)” for undergraduate Nursing students
2	2011 -2021	Faculty of Nursing, Cairo University.	“Clinical Training” for undergraduate Nursing students in a variety of settings such as al abbassia, AlKasr ElAiny educational hospital, Masahhat AlNil private psychiatric hospital& el maamoura psychiatric hospital
3	Academic year 2021-2022 1 st and 2 nd semester	Faculty of Nursing, Damanhour University, Egypt	“Clinical Training” for undergraduate Nursing students in a variety of settings such as El Maamoura psychiatric hospital
4	2021 uptill now 1 st and second semester	Faculty of Nursing, Damanhour University, Egypt	“Clinical Training” for post graduate Nursing students (Master degree) in a variety of settings such as el maamoura psychiatric hospital
5	2021-2022 2021-2023 2 nd semester 2023-2024 1 st Semester	Faculty of Nursing, Damanhour University, Egypt	“human relation course” for postgraduate Nursing students (Master and Doctorate degree)
6	2021-2023 2 nd semester	Faculty of Nursing, Damanhour University, Egypt	“treatment modalities for psychiatric symptoms” for postgraduate Nursing students (Master degree)
7	2021-2023 2 nd semester	Faculty of Nursing, Damanhour University, Egypt	“Complementary therapy” for postgraduate Nursing students (Master degree)
8	2023-2024 1 st Semester	Faculty of Nursing, Damanhour University, Egypt	“psychological counselling course” for postgraduate Nursing students (Doctorate degree)
9	2024-2025 1 st & 2 nd Semester	Faculty of Nursing, Damanhour University.	Practical clinical coordinator , psychiatric and mental health department, Faculty of Nursing, Damanhour University.
1	2024-2025 1 st Semester	Faculty of Nursing,	“violence course” for postgraduate Nursing students (Master degree)

		Damanhour University, Egypt	
1	2024-2025 2 nd Semester	Faculty of Nursing, Damanhour University, Egypt	“New trends in psychiatry course” for postgraduate Nursing students (Doctorate degree)
1	2024-2025 2 nd Semester	Faculty of Nursing, Damanhour University, Egypt	Nutrition in health and illness for undergraduate nursing students
1	2024-2025 2 nd Semester	Faculty of Nursing, Damanhour University, Egypt	Society issue and human rights for undergraduate nursing students
1	2025-2026 1 st Semester	Faculty of Nursing, Damanhour University.	“psychiatric mental health nursing ;theory” for postgraduate Nursing students (Master degree)
1	2025-2026 1 st Semester	Faculty of Nursing, Damanhour University, Egypt	Ethics in nursing profession; for undergraduate nursing students

Published Scientific Research

No	Title	Journal /Date
1	Emotional intelligence Among Visually Impaired And Sighted Female Adolescents	
2	Impact of Antibullying Educational Program on Psychological Adjustment among Preparatory School Victims	P J M H S Vol. 15, NO. 1, JANUARY 2021
3	Psychosocial And Academic Adjustment Among Visually Impaired And Sighted Female Adolescents	Damanhour Scientific Nursing Journal, 2023
4	Parents’ Knowledge and Attitude Regarding Dyslexia: Cross-Sectional Survey	International Egyptian Journal of Nursing Sciences and Research (IEJNSR) ,2024

5	Alexithymia, Social Anhedonia, and Empathy among Client with Schizophrenia: Mediation Model	Tanta Scientific Nursing Journal,2024
6	Mediation Role of Psychological Resilience on The Relationship between Perfectionism and Marital Adjustment Among Undergraduate Nursing Students	Tanta Scientific Nursing Journal,2024
7	Prevalence and determinants of fear of childbirth among pregnant women in Egypt: A cross-sectional study	Midwifery journal homepage: www.elsevier.com/locate/midw ,2024
8	Workplace Ostracism and Its Relationship with Job Performance and Work Alienation among Staff Nurses	Assiut Scientific Nursing Journal/2024
9	Assessing caregiver stress and resource needs in pediatric cancer care	BMC Nursing,2024
1	Teen Values and Prosocial Behaviors in The Digital Age: The Impact of Social Media Mediation.	Under Publication
1	Compassion Fatigue, Burden, and Lived Experience of Caregivers of Elderly with Alzheimer's disease: A Mixed Method Study	Under Publication
1	Emotional Intelligence, Self Actualization And Future Time Perspective Among Community Dwelling Older Adults	Under Publication
1		

No	Thesis Titles	Type of Participation
1-	Impact of antibullying educational program on psychosocial academic adjustment among preparatory school victims	Doctorate Thesis
2-	Emotional Intelligence and adjustment among blind and sighted female adolescents	Master Thesis

Scientific supervision on scientific thesis

No	title	Type
1	Professional quality of life and psychological capital among psychiatric nurses	Master thesis
2	Academic resilience, parent style and peer relationship among students with deafness	Master thesis
3	Compassion fatigue and empathy among ICU nurses	Master thesis

Workshops and courses that being fulfilled

No	title	Site
1	Art in personality analysis	Afro-asian association/art therapy association
2	Foundational training in dialectical behavioral therapy	Arabic institute for mental health
3	Artificial intelligence tool in scientific research	I Talent education training company
4	Linguistic Editing	Ibn Sina Academy For Training
5	Decision making	Midocean University
6	مهارة السلوك التوكيدي	فريق همام التطوعى
7	قياس أثر التدريب	فريق همام التطوعى
8	المهارات الحياتية بوابة المستقبل	فريق همام التطوعى
9	تعزيز الثقة بالنفس	فريق همام التطوعى
10	التعامل مع ذوى الاعاقة	فريق همام التطوعى
11	الطب الطبيعى وعلم الأعشاب	فريق همام التطوعى
12	القيادة الحديثة	فريق همام التطوعى
13	الصحة النفسية حق انسانى	فريق همام التطوعى
14	التوازن النفسى	فريق همام التطوعى
15	اعداد القادة	فريق همام التطوعى
16	القيادة الايجابية	فريق همام التطوعى
17	فن ادارة الوقت	فريق همام التطوعى
18	مبادئ القادة وادارة الفرق التطوعية	فريق همام التطوعى
19	الذكاء الاصطناعى فى التعليم والاحتياجات الخاصة	فريق همام التطوعى
20	اهمية الوقت فى توجيه حياتك	فريق همام التطوعى
21	قوة التفكير الجمعى	فريق همام التطوعى
22	القلق والضغوطات النفسية	فريق همام التطوعى

Professional Development Participation in Conferences, Seminars, Lectures, Courses, and Workshops

No	Title	Conference/ Seminar/ Workshop	Date	Location	Institution
1-	Participated in Conference entitled covid -19 and the Era of nursing transformation to digitalization	Conference	11 th December, 2021	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
	Organizer scientific webinar entitled: mental health at Damanhur hospital.	webinar	December, 2022.	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University

	Participated As a talker in Conference entitled nursing toward sustainable health	webinar	March,2023	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
3-	Organizer scientific webinar entitled: ego resilience at in the faculty of nursing Damanhur university	webinar	september, 2024	Faculty of Nursing, Damanhour University	Faculty of Nursing, Damanhour University
	Principles And fundamental of scientific research	course	2024	Faculty And Leadership Developmental Center Damanhour University	Faculty And Leadership Developmental Center Damanhour University
	New trends in technology usage in teaching and research	course	2025	Faculty And Leadership Developmental Center Damanhour University	Faculty And Leadership Developmental Center Damanhour University
	Emotional intelligence And stress management for recent students	workshop		Psychological support unit	Faculty of nursing Damanhour university

Certificate

The National Center for Training and Leadership

Certifies that:

Azza Medhat Aziz Mansy

Nationality: Egyptian

ID: 28711181801548

has passed the course:

"Training of Trainers (ToT)"

which was held at FLDC- Damanhour University

From the 19th - 28th of April, 2024

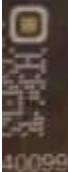
(50 Training Hours)

Director of the
National Centre for Training
and Leadership

Ashour'a
Dr. Ashour Amr

Secretary General of the
Supreme Council of Universities

Prof. Mostafa Rifat
Prof. Mostafa Rifat



التدريب التأسيسي في العلاج الجدلي السلوكي لاضطراب الشخصية الحدية
Foundational Training in Dialectical Behavioral Therapy for (BPD)



المعهد العربي للصحة النفسية
Arab Institute of Mental Health

Arab Institute of Mental Health Grants

Dr. Azza Medhat Aziz Mansy

يمنح المعهد العربي للصحة النفسية

د. عزة مدحت عزيز منسي

شهادة التدريب في برنامج التدريب التأسيسي في العلاج الجدلي السلوكي لاضطراب الشخصية الحدية
Certificate of Training in Foundational Training in Dialectical Behavioral Therapy for (BPD)

For a Total Of 30 Training Hours

بواقع ٣٠ ساعة تدريبية

In the period 01 : 31 August 2023

في الفترة من ٠١ : ٣١ أغسطس ٢٠٢٣

After Successfully Passing the Training Program Requirements

بعد اجتياز متطلبات البرنامج التدريبي بنجاح

President of Institute

د/ إبراهيم يونس
DR.Ibrahim Younis



المدرّب: أ. شموع صبري
اختصاصية نفسية اكلينيكية

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جامعة القاهرة

كلية التمريض
قسم الدراسات العليا

تشهد كلية التمريض - جامعة القاهرة أن الطالبة/

عزة مدحت عزيز منسى

تاريخ الميلاد : ١٩٨٧/١١/١٨ جهة الميلاد : البحيرة الجنسية : مصرية

قد حصلت على درجة الدكتوراه
فى التمريض النفسى والصحة النفسية

وعنوان الرسالة: "تأثير برنامج تعليمى ضد التنمر المدرسى على التكيف
النفسى الإجتماعى والأكاديمى لدى ضحايا تلاميذ
المرحلة الإعدادية".

وافق مجلس الكلية على منح الدرجة بتاريخ : ٢٣ / ٦ / ٢٠٢١ .

أعتمد أ.د./ رئيس الجامعة منح الدرجة بتاريخ : ٢٧ / ٧ / ٢٠٢١ بالتفويض.

ونحترت هذه الشهادة بناءً على طلبها لتقديمها للجهات المختصة
حررت بدون مسئولية الحكومة لدى أى انسان فيما يتعلق بما ورد بها وبحقوق الغير.

عميد الكلية

مدير إدارة الدراسات العليا

المختص

(أ.د/عبد سعد زعلول)

كرمة سالم سعيد

هانى محمد