

Personal CV

❖ Personal data :

- **Name** : Azza Ibrahim Abdel Kader Habiba
- **Nationality** : Egyptian - **Religion** : Muslim
- **Current job:**
 - Professor of Medical-Surgical Nursing, Damanhour university (28/1/2026).
 - Acting Head of Department of Adult Health Nursing (20/7/2022 up till now)
- **Previous jobs:**
 - Assistant professor of Medical-Surgical Nursing, Damanhour university (30/11/2020-27/1/2026).
 - Coordinator of Department of Medical-Surgical Nursing 1/12/2021-19/7/2022
 - Coordinator of internship committee from academic year 1/9/2015/2026 to 1/12/2021
 - Lecturer of Medical-Surgical Nursing, Faculty of Nursing, Damanhour University (2/9 2014)
 - Teaching Specialist at the Health Technical Institute at Abu Qir Hospital in Alexandria (10/7/2002-1/6/2014).
- **Emails:**
 - Azza55@nur.dmu.edu.eg
 - azza.715@gmail.com
 - Academic web site: <https://nursing.dmu.edu.eg/users/cv/46649>
 - **Research gate:**
https://www.researchgate.net/profile/Azza-Habiba?ev=hdr_xprf

[https://scholar.google.com/citations?user=Q3SCYOMAAAAJ&hl=ar
&authuser=1](https://scholar.google.com/citations?user=Q3SCYOMAAAAJ&hl=ar&authuser=1)

❖ **Qualifications :**

- Professor of Science of Medical-Surgical Nursing Sciences, faculty of nursing, Alexandria university 28/1/2026 up till now.
- Assistant professor of Science of Medical-Surgical Nursing Sciences, faculty of nursing, Alexandria university 30/11/2020 up till now.
- Lecturer of Science of Medical-Surgical Nursing Sciences, faculty of nursing, Alexandria university 2/6/2014-29/11/2020.
- PhD of Science of Medical-Surgical Nursing Sciences, Faculty of Nursing, Alexandria University 30/8/2012 (credit hours system).
- Master of Medical-Surgical Nursing Sciences 31/11/2008 (Excellent degree).
- BSc of Nursing Sciences, Faculty of Nursing, University of Alexandria, May 2000 (Very Good degree).

❖ **Membership in Syndicates and Scientific Societies:**

- Member of the Nursing Professions Syndicate in Egypt
- Member of the Association of Graduates of Colleges of Nursing in Egypt

❖ **Thesis:**

- **Doctor of Nursing Sciences:** the effect of complementary therapy on reducing gastrointestinal discomforts for patients with end stage renal disease undergoing hemodialysis (2012).
- **Master of Nursing Sciences:** The effect of hydrotherapy versus massage on lower limbs varicose veins discomfort (2008).

Statement of Scientific and Professional activities

****First: teaching activities:**

A. Teaching within the College:

1) Teaching Undergraduate Program:

- Participation in teaching the Fundamentals of Nursing (theoretical and practical) course for first-year students at the Faculty of Nursing, Damanshour University, during the first and second semester of the 2025/2026 academic year.
- Participation in teaching the Adult Nursing 1 (theoretical and practical) course for first-year students at the Faculty of Nursing, Damanshour University, during the first and second semester of the 2025/2026 academic year.
- Participation in teaching the Adult Nursing 2 course (theoretical and practical) for first-year students at the Faculty of Nursing, Damanshour University, during the first and second semester of the 2025/2026 academic year.
- Participation in teaching health assessment theory and clinical in Nursing course for first-year students at the Faculty of Nursing, Damanshour University, during the second semester of the academic year 2020/2021, 2021/2022, 2022/2023, 2023/2024, 2024/2025, 2025/2026
- Participation in teaching the Modern Concepts in Nursing course for first-year students at the Faculty of Nursing, Damanshour University, during the first semester of the 2025/2026 academic year.
- Participation in teaching the theoretical adult course and supervising the practical training of the adult course for students in the intensive program at the Faculty of Nursing, Damanshour University, Fall 2025
- Participation in teaching the "Fundamentals of Nursing" course in the first semester for first-year students at the Faculty of Nursing, Damanshour

University, for the academic years 2020/2021, 2021/2022, 2022/2023, 2023/2024, and 2024/2025

- Participation in teaching the "Medical-Surgical Nursing 1" course in the first semester for first-year students at the Faculty of Nursing, Damanhour University, for the academic years 2020/2021, 2021/2022, and 2022/2023.
- Participation in teaching the "Medical-Surgical Nursing 2" course in the first semester for second-year students at the Faculty of Nursing, Damanhour University, for the academic years 2020/2021, 2021/2022, 2022/2023, 2023/2024, and 2024/2025.
- Supervision and follow-up of practical training for the courses "Fundamentals of Nursing - Medical-Surgical Nursing 1 - Medical-Surgical Nursing 2 - Medical-Surgical Nursing 3" for first and second-year students at the Faculty of Nursing, Damanhour University, for the academic years 2020/2021, 2021/2022, 2022/2023, 2023/2024, and 2024/2025.
- Supervision and follow-up of practical training for the following courses: "Fundamentals of Nursing - Medical-Surgical Nursing 1 - Medical-Surgical Nursing 2 - Medical-Surgical Nursing 3 - Adult Nursing 1 - Adult Nursing 2 - Health Assessment" for first and second-year students at the Faculty of Nursing, Damanhour University, for the academic years 2022/2023, 2023/2024, and 2024/2025.
- Participation in teaching the "Medical-Surgical Nursing 3" course, second semester, second year, Faculty of Nursing, Damanhour University, academic years 2020/2021, 2021/2022, 2022/2023, 2023/2024, and 2024/2025
- Participation in teaching the "Fundamentals of Nursing (Theory)" course (accredited credit hours), first year, Faculty of Nursing, Damanhour University, academic years 2022/2023, 2023/2024, and 2024/2025
- • Participation in teaching the course "Adult Nursing 1 (Theory)" (accredited credit hours) for first-year students at the Faculty of Nursing,

Damanhour University, for the academic years 2022/2023, 2023/2024, and 2024/2025.

- Participation in teaching the course "Modern Concepts in Nursing" (accredited credit hours) for first-year students at the Faculty of Nursing, Damanhour University, for the academic years 2022/2023, 2023/2024, and 2024/2025.
- Participation in teaching the "Health Assessment" course (accredited credit hours) for first-year students at the Faculty of Nursing, Damanhour University, for the academic years 2022/2023, 2023/2024, and 2024/2025.
- Participation in teaching the "Adults 2" course (accredited credit hours) for second-year students at the Faculty of Nursing, Damanhour University, for the academic years 2022/2023, 2023/2024, and 2024/2025.
- Participated in teaching the "Fundamentals of Nursing" course in the first semester for first-year students at the Faculty of Nursing, Damanhour University, for the academic years 2014/2015, 2015/2016, 2016/2017, 2017/2018, and 2018/2019.
- Participated in teaching the "Medical-Surgical Nursing 1" course in the second semester for first-year students at the Faculty of Nursing, Damanhour University, for the academic years 2014/2015, 2015/2016, 2016/2017, 2017/2018, and 2018/2019.
- Participating in teaching the course "Medical-Surgical Nursing 2" in the first semester for the second year of the Faculty of Nursing - Damanhour University for the academic years 2014/2015, 2015/2016, 2016/2017, 2017/2018, 2018/2019.
- Participating in practical training and supervising students during the practical training of the subject "Medical-Surgical Nursing 2" for second-year students during the first semester, Faculty of Nursing, Damanhour University, for the academic years 2014/2015, 2015/2016, 2016/2017, 2017/2018, 2018/2019.

- Participating in teaching the course “Medical-Surgical Nursing 3” in the second semester for the second year of the Faculty of Nursing - Damanhour University for the academic years 2014/2015, 2015/2016, 2016/2017, 2017/2018, 2018/2019.
- Participating in practical training and supervising students during the practical training of the subject “Medical-Surgical Nursing 3” for second-year students during the second semester, Faculty of Nursing, Damanhour University, for the academic years 2014/2015, 2015/2016, 2016/2017, 2017/2018, 2018/2019.
- Participated in teaching the "Professional Ethics" course during the second semester for fourth-year students at the Faculty of Nursing, Damanhour University, academic year 2014/2015.
- Participated in teaching the theoretical and practical components of the Medical-Surgical Nursing 2 course during the summer semester of 2014 at the Faculty of Nursing, Damanhour University.

2) Teaching Graduate Program

- Participating in teaching the Advanced Medical-Surgical Nursing (1) course for the Master's program in the Department of Nursing, Damanhour University, Fall 2025.
- Participating in teaching the Modern Concepts in Medical-Surgical Nursing course for the PhD program in Medical-Surgical Nursing, Spring 2024-Spring 2025.
- Participation in teaching the Theories in Nursing course in the PhD program in Medical-Surgical Nursing, Spring 2024-Spring 2025
- Participation in teaching the Modern Concepts in Medical-Surgical Nursing course in the PhD program in Medical-Surgical Nursing, Spring 2022.
- Participated in teaching the Theories in Nursing course in the PhD program in Medical-Surgical Nursing, Spring 2022.

- Participated in teaching the Advanced Medical-Surgical Nursing (1) course for Master of Nursing students in the Medical-Surgical Nursing Department, Fall 2022/2023, 2023/2024, and 2024/2025.
- Teaching the Pathophysiology course to Master's students, Spring semester, Faculty of Nursing, Damanhour University, 2023.
- Participating in teaching the Advanced Medical-Surgical Nursing (1) course for Master's students in the Medical-Surgical Nursing Department, Fall 2021/2022.
- Participating in teaching the Advanced Medical-Surgical Nursing (1) course for Master's students in the Medical-Surgical Nursing Department, Fall 2020/2021.

3) Teaching Outside the College

- Coordination and supervision of teaching the department's specialized courses (Fundamentals of Nursing - Medical-Surgical Nursing) in the academic years 2021/2022, 2022/2023, 2023/2024, and 2024/2025 at:
 - ✓ The Armed Forces Health Institute in Hawsh Issa
 - ✓ The Technical Health Institute in Saft El-Hurriya, Itay El-Baroud, Beheira Governorate
 - ✓ The Nursing Institute affiliated with Damanhour General Hospital
- Participated in teaching the Fundamentals of Nursing course for first-year students at the Armed Forces Health Institute in Hawsh Issa, 2017/2018.
- Participated in teaching Medical-Surgical Nursing for second-year students at the Armed Forces Health Institute in Hawsh Issa, 2016/2017.
- Participated in teaching the Fundamentals of Nursing and Community Health course (theoretical and practical) for first-year students at the Armed Forces Health Institute in Hoh Isa, 2015/2016.

B. Development of curricula and teaching methods at the Faculty of Nursing, Damanhour University:

****Undergraduate program:**

- The flipped classroom method was used in the theoretical explanation of the following courses: Fundamentals of Nursing, Medical-Surgical Nursing 1, Medical-Surgical Nursing 2, Medical-Surgical Nursing 3, Adults 1, Adults 2, Concepts in Nursing, and Theoretical Health Assessment. This flipped classroom approach utilized Microsoft Teams alongside face-to-face lectures during the academic years 2020/2021, 2021/2022, 2022/2023, 2023/2024, and 2024/2025.
- Participating in teaching first-year students in the Fundamentals of Nursing, Adult Nursing 1, and Adult Nursing 2 courses on the Thinqi platform at the Faculty of Nursing, 2023/2024-2024/2025
- Participating in creating a quiz for students on the Thinqi platform for the Fundamentals of Nursing, Adult Nursing 1, and Adult Nursing 2 courses at the Faculty of Nursing, Damanhour University, 2024/2025
- Participating in the development of practical training methods and student assessment using the "Role Play" strategy for second-year students.
- Participating in the application of the OSCE-rubric strategy in some practical exercises.
- Using student activities (such as models) as a means of demonstration in practical training.
- Participating in the development of practical training methods and student assessment using the "Role Play" strategy for second-year students.
- Using student activities as a means of clarification in practical training.

****Diploma Program:**

- Participation in preparing the curriculum for the specialized professional diploma in nephrology 2021/2022

****Master's Program:**

- Collaborating with faculty members in the department to prepare, review, and develop the course descriptions for the Master's program for the academic year 2022/2023.

****Doctoral Program:**

- Collaborating with faculty members in the department to prepare, review, and develop the course descriptions for the Doctoral program for the academic year 2022/2023.

a. Examination Control Activities

1) Bachelor's Program:

- Member of the Fourth Year Examination Control Committee for the academic year 2025/2026
- Member of the Second Year Results Review Committee for Nursing Students, Damanhour University, Spring 2024
- Member of the Fourth Year Results Review Committee for Nursing Students, Damanhour University, 2023/2024
- Member of the Aptitude Test Control Committee for General Secondary Education and Technical Institute Students 2022/2023
- Member of the Aptitude Test Control Committee for General Secondary Education and Technical Institute Students 2021
- Member of the First Year Control Committee for the academic years 2020/2021, 2021/2022, 2022/2023, 2023/2024, 2024, and 2025 at the Faculty of Nursing, Damanhour University.
- Participation in the student grievance committee for first-year students at the Faculty of Nursing, Damanhour University, 2023/2024 - 2024/2025
- Member of the internal review committee for the second-year exams, 2024/2025
- Member of the second-year exams committee during the summer semester of 2014, Faculty of Nursing, Damanhour University.

- Member of the Examination Control Committee for the third year, academic years 2014/2015, 2015/2016, 2016/2017, and 2017/2018, Faculty of Nursing, Damanhour University.
- Member of the Examination Control Committee for the second year, academic year 2018/2019, Faculty of Nursing, Damanhour University.

Scientific research published in specialized journals

N	Research title in English	Citation
.1	Effect of Progressive Muscle Relaxation Technique on Fatigue and Sleep Quality among Colorectal Cancer Patients Undergoing Chemotherapy	Egyptian Journal of Health Care, 2025; (16)2, 1079-97
.2	Effect of Post-Operative Exercise on Arteriovenous Fistula Maturation in Patients with Chronic Renal Failure: A randomized controlled trial	Egyptian Journal of Health Care, 2025; (16)2, 155-67
.3	Effect of Self learning Module on Health-related Behavior and Application of Therapeutic Regimen among Interstitial Lung Disease Patients.	Egyptian Journal of Nursing & Health Sciences, 2025; 6(2), 218-37
.4	Influence of Thyroid Hormone Imbalances on Male Sexual Performance and Well-Being	Egyptian Journal of Health Care, 2025; 16(1), 2091-110
.5	The Effects of Pursued Lip Breathing Exercises on Patients Post-Bronchoscopy Recovery Parameters: A Nurse-Led Quasi-Experimental	Nursing & Health Sciences, 2025; 27(1), 1-4
.6	Clinical Outcomes and Satisfaction Level among Patients Undergoing	Egyptian Journal of Nursing & Health Sciences, 2024; 5(1), 102-18

	Diagnostic Cardiac Catheterization	
.7	Effect of Using anatomical Snuffbox Technique in Arterial Blood Sampling on Patients' Clinical Outcomes	Egyptian Journal of Nursing & Health Sciences, 2024; 5(1), 48-63
.8	Effect of Relaxation Technique on Blood Pressure, Stress and Quality of Life among Hypertensive Females in Damanhour City	Egyptian Journal of Health Care, 2023; 14(1), 870-87
.9	Effect of Structured Educational Package on Self Efficacy and Drug among Epileptic Patients Adherence	International Egyptian Journal of Nursing Sciences and Research, 2023; 3(2), 704-725
10	Training Program to Avoid Common Pitfalls Among Nurses During Blood Transfusion Process	Egyptian Journal of Nursing & Health Sciences, 2022; 3(2), 101-31
11	Effect of Gradual Sitting Position on Recovery and Satisfaction of Patients Post Trans-Femoral Cardiac Catheterization	Egyptian Journal of Health Care, 2022; 13(1), 1421-38
12	Effect of Mentoring Program on Nurses Interns' knowledge, Attitudes, Safety Practices, and Psychological Readiness Toward COVID-19 Pandemic	Egyptian Journal of Health Care, 2021; (12)2, 741-56
13	Factors associated with transmission of COVID-19 infection among nursing staff in Kafr Eldawar Fever hospital 2021	Egyptian Journal of Health Care, 2021; (12)1, 1345-61
14	Effect of Kegel's Exercise on Severity of Urinary Incontinence and Quality of Life among Menopausal Women	Ismail, N. I. A. A., Ibrahim, H. I., Rady, S. E., & Habiba, A. I. A. (2019). Effect of Kegel's Exercise on Severity of Urinary Incontinence and

		Quality of Life among Menopausal Women. <i>Novelty Journals</i> , 6(3), 1288-1308.
15	Nurses' knowledge and Practice Regarding Prevention and Early Detection of Pressure Ulcers in Damanhur National Medical Institute: Developing protocol	Gomah Yousef, S., Abd Elkader Habiba, A. I., Elsayed Rady, S., & Mahmoud Eldeeb, N. (2019). Nurses' knowledge and practice regarding prevention and early detection of pressure ulcers in Damanhur National Medical Institute: Developing protocol. <i>Egyptian Journal of Health Care</i> , 10(3), 279-294.
16	Effect of Sitting Breathing Exercises on Blood Glucose Level among Patients with Type 2 Diabetes Mellitus	Rady, S. E., Yousef, S. G., & Habiba, A. I. A. E. (2019). Effect of Sitting Breathing Exercises on Blood Glucose Level among Patients with Type 2 Diabetes Mellitus. <i>International Journal of Novel Research in Healthcare and Nursing</i> . 6 (3). 357, 367.
17	Impact of training program on nurses' knowledge regarding professional values in Damanhour fever hospital	AbuElEla, L., Habiba, A., & Eldin, Y. K. Z. (2019). Impact of training program on nurses' knowledge regarding professional values in Damanhour fever hospital. <i>IOSR Journal of Nursing and Health Science (IOSR-JNHS)</i> , 8(1), 51-61.
18	Nurses assessment of falling risk and barriers of patient's safety measures	Ibrahim Abd Elkader Habiba, A. (2018). Nurses Assessment of

	among patients with neurological disorders, at Tanta University Hospital, 2018	Falling Risk and Barriers of Patient's Safety Measures among Patients with Neurological Disorders, at Tanta University Hospital, 2018. <i>Egyptian Journal of Health Care</i> , 9(3), 348-360.
19	Knowledge and attitude of 2 nd year nursing students about hepatitis C virus in Technical Health Institute	Zagazig Nursing Journal. 2018; 14(1) 1-13.
20	Oncology Nurses' Knowledge and practices Regarding Handling Hazardous Drugs: Developing Procedure Manual For Safe Handling Of Hazardous Drug	Habiba, A. I. A. E., Eldin, Y. K. Z., & Ibrahem, E. M. (2018). Oncology nurses' knowledge and practices regarding handling hazardous drugs: developing procedure manual for safe handling Of hazardous drugs. <i>Drugs</i> , 16, 17.
21	Effect of an educational program on nurses' knowledge and attitude towards infection control	The Faculty of Nursing, Alexandria University, in collaboration with Kennesaw University, the 14 th International Scientific Nursing Conference, Nursing role in leading and advancing the global health, 2017
22	Using nursing care plan among student nurses at faculty of nursing, AlAzhar University, 2017	The Faculty of Nursing, Alexandria University, in collaboration with Kennesaw University, the 14 th International Scientific Nursing Conference, Nursing role in leading and advancing the global health, 2017

23	Developing Guidelines for nursing students' knowledge and attitudes towards people living with HIV/AIDS	Zagazig scientific Nursing Journal 2017; 13(1), 20-38
24	Effect of using role-play in teaching orthopedic clinical practice for second year nursing students, Damanhur University, 2015	The Faculty of Nursing, Alexandria University, In collaboration with Kennesaw University The 13th International Scientific Nursing Conference: TOWARD BETTER NURSING PRACTICE, 2015

Training Courses and Workshops

Active participation in training courses and workshops as a trainer:

- A virtual seminar was held using Microsoft Teams on the application of academic advising within the credit hour system for academic advisors at the Faculty of Nursing, Damanhour University, on November 2, 2024.
- A seminar was held on the application of academic advising within the credit hour system for academic advisors at the Faculty of Nursing, Damanhour University, on October 30, 2024.
- A virtual workshop was conducted via Microsoft Teams on the digital library and how to use it for postgraduate students at the Faculty of Nursing, Damanhour University, on October 13, 2024.
- A virtual workshop was conducted via Microsoft Teams on the digital library and how to use it for postgraduate students at the Faculty of Nursing on October 11, 2023.
- A virtual workshop was conducted via Microsoft Teams on the digital library and how to use it for graduate students at the college on September 26, 2022.

- A virtual workshop was conducted via Microsoft Teams on the digital library and how to use it for graduate students at the college on October 29, 2021.
- Conducted a virtual workshop on Microsoft Teams about the digital library and how to use it for graduate students at the college on October 29, 2021.
- Participated in preparing the internship training course from July 29, 2018 to August 2, 2018, and delivered the first lecture of this training course on July 29, 2018, entitled "Rules of Excellence."
- Participated in preparing the internship training course from August 6, 2017 to August 10, 2017, and delivered the first lecture of this training course on August 6, 2017, entitled "Rules of Internship."
- Participated in three training courses (blood transfusion) for operating room nurses at the Beheira Governorate level, in cooperation with the Beheira Governorate Nursing Syndicate and the College's Nursing Training and Services Unit, 2015/2016 and 2016/2017.
- Participation in a workshop for nursing staff in several hospitals in Beheira Governorate, titled "Patient Care During Blood Transfusion," at the Faculty of Nursing, Damanhour University, September 6, 2015.
- Participation in delivering three training courses for Damanhour University staff at the university administration on first aid, 2015.
- Participation in the nursing procedures training course (measuring vital signs and administering injections) for nursing students at Damanhour University, July 2015.
- Participation in the first aid and basic life support workshop at the Faculty of Nursing, Damanhour University, November 30, 2014 - December 1, 2014.
- Three first aid training courses for students of the Faculty of Pharmacy, Damanhour University: (18-19/6/2014, 22-23/6/2014 and 25-26/6/2014).

College Council Membership and Subcommittees:

During the 2025/2026 academic year, I participated in:

- College Council Member for the 2025/2026 academic year
- Student Affairs and Education Committee for the 2025/2026 academic year
- Academic Advising Unit for the 2025/2026 academic year
- Member of the Information Technology Unit (Digital Library Supervisor) for the academic year 2025/2026
- Member of the Education and Student Affairs Committee from December 1, 2021, to the academic year 2024/2025
- Member of the College Council from December 1, 2021, to the academic year 2024/2025
- Member of the Second Semester Exam Coordination Committee for Bachelor's Degrees at the Faculty of Nursing, Damanhour University, academic year 2023/2024
- Member of the Libraries Committee, academic year 2021/2022
- Worked as the coordinator of the Medical-Surgical Nursing Department from December 1, 2021, to July 19, 2022.
- Worked as the digital library coordinator for the Information Technology Unit from the 2020/2021 to the 2024/2025 academic year.
- Participated in the Academic Advising Unit from the 2020/2021 to the 2024/2025 academic year.
- Participated in the Alumni Unit from the 2020/2021 academic year.
- Member of the Scientific Leadership Unit for the 2023/2024 academic year.
- Member of the Information Technology Unit for the 2023/2024 academic year.
- Participant in the committee reviewing the results of the fourth year, 2022/2023.
- Served as the general coordinator for excellence during the 2020/2021 academic year until November 30, 2021.
- Member of the Cultural Relations Committee, 2018/2019.

- Member of the Laboratories Committee for the 2017/2018 academic year.
- Department Coordinator for Information Technology for the 2017/2018 academic year.
- Member of the Laboratories Committee for the 2017/2018 academic year.
- General Coordinator of the Excellence Program for the 2018/2019 academic year.
- Member of the IT Unit for the 2018/2019 academic year.
- Member of the Nursing Training and Services Unit for the 2017/2018 academic year.
- General Coordinator of the Internship Program for the 2017/2018 academic year.
- Member of the Graduates Unit for the 2017/2018 academic year.
- Member of the Proposals and Complaints Committee for the 2017/2018 academic year.
- Served as General Coordinator of the Internship Program for the 2016/2017 academic year.
- Coordinator of the Nursing Training and Services Unit for the 2016/2017 academic year.
- Coordinator of the Nursing Training and Services Unit for the 2015/2016 academic year.