



Curriculum Vitae (C.V)

جامعة المنصورة
Damanhour University



Name	First Aml	Middle Shaaban	Third Abdel Aal	Last Name Abdel Rassoul
Name	Full Legal Name			
	Aml Shaaban Abdel Aal Abdel Rassoul 			
Nationality	Egyptian			
Date of Birth	31 \ 1 \ 1991			
Marital Status	Married			
Religion	Muslim			
Mobile	01550742052 - 01033306791			
Email	amlshaaban987@yahoo.com aml.shaaban@nur.dmu.edu.eg			
Address	Housh Issa, Damanhur, Elbehira, Egypt			
Languages Proficient In	Arabic: (Mother tongue) English: (Read, Write, Speak) Adequate			
Academic Rank	Assistant Lecturer. Adult health Nursing Department , Faculty of Nursing, Damanhour university			

Degree	Date Obtained	Degree Title	Issuing Institution	Thesis Title
BSC " Bachelor's degree in Nursing Sciences Nursing"	June 2012	with a very good and high general grade with honors and a second place at the batch level.-	Faculty of Nursing, Cairo University	
Master Degree of Medical Surgical Nursing	March 2026	Demonstrator	Faculty of Nursing, Cairo University	Relationship between health literacy and self- care among patients with chronic heart failure
Doctorate Degree of Medical Surgical Nursing	_____	_____	_____	_____

Scientific and Professional Experience:

Experience in Quality and Academic Accreditation:

Member and Assistant Lecturer at Faculty of Nursing, Damanhour University.

Teaching characteristics &Methods I Use in My University Teaching:

✓ Set goals
✓ Be prepared
✓ Don't lecture directly from the textbook
✓ Write key points on the board briefly
✓ Encourage students to participate in class
✓ Use visual aids, videotapes, overheads, and films
✓ Use real-world examples (Use concrete examples)
✓ Discuss current research findings in class
✓ Be fair with all students
✓ Be available for students
✓ Use different teaching strategies such as Lecture, cooperative learning, flipped classroom, group discussion, and gamification.

Personal characteristics & Technologies Used (examples):

✓ Able to deal with Microsoft office applications as Teams.
✓ Hold ICDL certificate.
✓ Hold TOFEL certificate.
✓ Be punctual for class (Be prompt for class)
✓ Vary teaching methods (Vary class formats)
✓ Review previous day's lecture at the beginning
✓ Encourage cooperative learning
✓ Be relaxed and occasionally humorous.
✓ Utilize modern IT in teaching (Use E-Learning in the classroom)
✓ Maintain eye contact with students
✓ Do not embarrass students (by publicly calling on them)
✓ Vary voice levels
✓ Speak slowly and clearly
✓ Move around actively
✓ Base grading on various factors

Professional Experience

Duration	Employer	Position
1- From 16 April 2014 to July, 2020	Registered nurse at ICU department at hosh issa hospital	The head of the unit

Teaching Experience

Duration	Institution	Courses Taught
1- From July, 2020 To March 2024	Faculty of Nursing, Cairo University	1. Demonstrator at Medical Surgical Nursing Department, Egypt
2. From March 2024 until now.	Faculty of Nursing, Damanhour University	Assistant Lecturer at Medical Surgical Nursing Department, Egypt

Published Scientific Research

No	Thesis Titles	Type of Participation
1	Relationship between health literacy and self-care among patients with chronic heart failure	Egyptian Nursing Journal, Faculty of Nursing, Cairo University, 19 February 2026

Professional Development Participation in Conferences, Seminars, Lectures, Courses, and Workshops

No	Title	Conference/ Seminar/ Workshop	Date	Location	Institution

Scientific Awards, Research Grants, and Certificates of Appreciation

No	Type of Award	Occasion	Date Obtained	Issuing Institution
1-				

Community Service Participation

No	Participation	Date	Location	Type of Participation	Institution
1-					

Committees

No	Institution	Membership Type	Date	Committee Name
1-				

Scientific and Professional Memberships

No	Membership Title	Date	Institution
1-			