



STUDENT ACTIVITIES REPORT

Psychiatric and Mental Health Nursing Department

Academic Year

2025/2026

VISION OF THE PSYCHIATRIC AND MENTAL HEALTH NURSING DEPARTMENT

The Psychiatric and Mental Health Nursing Department possesses the capabilities and resources necessary to enable its faculty members to achieve excellence in educating undergraduate and postgraduate students. The Department aims to advance the education and practice of psychiatric nursing at both the local and international levels, thereby promoting mental health and contributing to the prevention of psychiatric and mental disorders in the community.

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Time Frame Evaluation	Activity	Objective
All conferences were delivered to all students simultaneously, either on campus or remotely through online learning using Microsoft Teams. Evaluation was conducted through: 1. Nurse patient relation (7) - Initiation of relationship and being with the patient.(2) - Showing interest, acceptance, empathy tact and understanding. (3) - Using appropriate communication techniques. (2) 2. Theory Based Practice (23)	All conferences related to the practical component of the Psychiatric Nursing and Mental Health course were conducted for students, either on campus or remotely through online learning using Microsoft Teams. The conferences covered the following topics: Symptomatology- -Principles of psychiatric nursing -Activity therapy -Limit setting -Hallucination & Delusion	Students were trained to provide comprehensive nursing care to patients with mental health disorders at El-Mamoura Hospital for Psychiatric Medicine and Mental Health. They also provided health education to patients and

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- Knowledge and concept behind action (5) - Clinical quiz (10) - process analysis. (5) - Preparation and participation in conferences. (3) 3. Nursing care procedures (10) - Activities (occupational and recreational) (Choice, initiation, maintenance and evaluation of activity). (3) - Health class (5) - Physical care and somatic therapy. (2) 4. Professional behavior (4) - Grooming. (1) - Attitude toward others (peer, staff and teachers). (1.5) - Responsibility. (1.5) 5. Clinical assignments (10).	-ECT -Psychiatric emergency - psychopharmacological drug. Health education was provided to patients and their families on various health-related topics, including: -Management of psychiatric symptoms - Anti-psychotic medication - Management of medication side effect - Relapse prevention -Stress management -Social skills. Patients with mental health disorders were assessed, and comprehensive health education was provided	their families regarding various mental health disorders, their associated symptoms, medications, and potential side effects. In addition, students conducted therapeutic activities with patients throughout the practical training day.
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3

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• Nursing records- notes. (3) • Process recording. (3) • Nursing care plan.(4) 6. Punctuality and attendance . (6) Total grade (60).	regarding their diagnosed mental health conditions, as well as their specific health needs, including: Health education was provided to patients on various aspects of their health needs, including nutrition, medical care, therapeutic activities, psychological needs, and other relevant areas. In addition, various educational leaflets were distributed to patients addressing personal hygiene, relapse, and strategies for relapse prevention. - A number of topics were discussed at the college and presented using a data projector, including: -psychiatric patient needs. - self-awareness & self-understanding.	
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	- patient rights.	
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Practical Training Coordinator:
Dr. Omayma Mohamed Ibrahim

Head of the Department:
Prof. Dr. Amal Awad

7

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