



رؤية العيادة الصحية بكلية التمريض- جامعة دمنهور:
عيادة صحية رائدة في تقديم الخدمات التمريضية على مستوى الجامعة والمجتمع الاقليمي.

رسالة العيادة الصحية بكلية التمريض- جامعة دمنهور:
تقديم الخدمات التمريضية للطلاب والعاملين بالكلية وتقديم التوعية الصحية اللازمة لهم

Report on the Achievements of the Health Clinic During the second Semester of the Academic Year 2025–2026

Executive Director of the Clinic

Dr: Asmaa Ibrahim Abd El-Bary Marak



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Report on the Achievements of the Health Clinic During the First Semester of the Academic Year 2025–2026

Introduction:

In line with Egypt's Vision 2030, which aims to improve quality of life, achieve social justice, and advance the healthcare system, and in accordance with the third goal of the United Nations Sustainable Development Goals (SDG 3), which seeks to “ensure healthy lives and promote well-being for all at all ages,”.Based on the belief that health is a fundamental human right and one of the main pillars of comprehensive development, the Health Clinic of the Faculty of Nursing – Damanhour University was established by a decision of the Faculty Council in March 2018 as a basic requirement for quality assurance.

The clinic was established to provide health services to both students and staff members of the faculty, contributing to the support of human capital, improving the efficiency of the educational process, enhancing the level of healthcare services, and achieving health sustainability within the university environment.

Vision of the Health Clinic:

A leading health clinic in providing nursing services at the university and regional community levels.

Mission of the Health Clinic:

To provide the necessary nursing services and appropriate health education to students and staff members of the faculty.

Objectives of the Health Clinic:

1. Providing health services to the faculty community, including emergency care and first aid services.
2. Early detection and follow-up of diseases and health problems among students and staff, and assisting in managing them.



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3. Increasing health awareness within the faculty community.

Health Clinic Activities Are Based On:

- Conducting questionnaires to identify health problems and actual educational needs of both students and staff members of the faculty.
- Conducting a satisfaction survey to assess beneficiaries' satisfaction with the health services provided by the Health Clinic at the Faculty of Nursing for the academic year 2025–2026, and analyzing the results to improve clinic performance.
- Performing statistical analysis of these questionnaires and taking the necessary corrective actions.
- Enhancing health awareness regarding causes, risk factors, prevention, and early detection of diseases among members of the faculty community through:
 - Holding awareness seminars (at the faculty or via Microsoft Teams).
 - Distributing educational leaflets within the faculty community.
 - Publishing awareness videos and brochures on the Health Clinic's Facebook page.
- Providing efficient first aid in emergency cases (such as fainting, shortness of breath, abdominal colic, headache, etc.) for students and staff members.
- Guiding and referring students to the medical unit for supported X-rays, laboratory tests, and surgical procedures provided by the university.
- Directing students to the medical unit to obtain official sick leave through approved medical reports.



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Achievements of the Health Clinic Based on the Annual Plan for the Academic Year 2025–2026

First: Regarding the Nursing Procedures Provided by the Clinic

- ❖ The necessary first-aid medications were provided to ensure appropriate healthcare services for the college community through the Therapeutic Unit affiliated with Damanhour University.
- ❖ The oxygen cylinder of the Health Clinic was refilled to ensure the rapid and efficient provision of first aid in cases of respiratory distress and seizures.
- ❖ Sterile and non-sterile gloves were provided for use in delivering healthcare services.
- ❖ The instruments and containers available in the clinic were sterilized to ensure the provision of high-quality healthcare, particularly in wound management, while adhering to infection prevention and control measures.
- ❖ Medical povidone-iodine (Betadine), alcohol, and hand disinfectant were provided for wound care and infection prevention.
- ❖ First-aid services were provided to students and college staff according to their individual health conditions and needs.
- ❖ Students' visits to the clinic and the healthcare services provided to them were documented and recorded.
- ❖ Students and staff were guided and referred to the Therapeutic Unit regarding medical examinations, radiological investigations, laboratory tests, and subsidized surgical procedures provided by the University. Their health conditions were also followed up as needed.



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- ❖ Students and staff were guided to the Therapeutic Unit to obtain official sick leave based on approved medical reports.
- ❖ Cases requiring psychological consultation were referred to the Psychological Counseling Center at the Faculty, with appropriate follow-up.
- ❖ A medical team from Lady Care Hospital was received during the Medical Day. The clinic collaborated with the team in providing medical examinations to students and staff of the Faculty and University, as well as conducting the necessary laboratory tests.

Second: Awareness and Educational Services Provided by the Health Clinic

1. Introductory Awareness Sessions on Health Support Services Provided by the Health Clinic

A series of introductory awareness sessions was conducted by the Health Clinic team over a period of two weeks at the beginning of the second semester of the academic year. The sessions were organized separately for each academic level according to the available schedules of each level. The sessions were provided by Dr. Asmaa Ibrahim Abd El-Bary, Director of the Health Clinic and Lecturer in the Obstetric and Gynecologic Nursing Department; Dr. Hala Hamed, Deputy Executive Director of the Health Clinic and Lecturer in the Obstetric and Gynecologic Nursing Department; Dr. Abeer Ramadan, a member of the Health Clinic Unit; and Ms. Safaa Allam, Health Clinic Specialist. The sessions were also attended by a number of faculty members, assistant teaching staff, and students.



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2. Awareness Seminar on Safe Fasting for People with Chronic Diseases

تحت رعاية

أ.د. / إيناس إبراهيم
نائب رئيس الجامعة
لشئون خدمة المجتمع وتنمية البيئة

أ.د. / إلهامي ترايبس
رئيس جامعة دمنهور

أ.د. / رشما محمد عيسى
وكيل الكلية لشئون خدمة المجتمع وتنمية البيئة

يتشرف
يتشرف قطاع خدمة المجتمع بكلية التمريض بالتعاون مع
وحدة العيادة الصحية وقسم بالغين، بدعوة أعضاء هيئة
التدريس والهيئة المعاونة والسادة الإداريين وجميع طلاب
الكلية لحضور ندوة بعنوان

أ.د. / عبير عبد الفتاح
عميد كلية التمريض- جامعة دمنهور

الصيام الآمن لاصحاب الأمراض المزمنة

المحاضر
د/ هند ابراهيم
مدرس بقسم بالغين- كلية التمريض

يوم الثلاثاء الموافق
2026/2/24
الساعة 9.30 مساء
اونلاين

صوم
بصحة

Under the patronage of Prof. Dr. Elhamy Trabies, President of Damanhour University; Prof. Dr. Enas Ibrahim, Vice President of the University for Community Service and Environmental Development; Prof. Dr. Abeer Abdelfattah, Dean of the Faculty of Nursing; and Prof. Dr. Rasha Eissa, Vice Dean of the Faculty of Nursing for Community Service and Environmental Development, and in collaboration with the Health Clinic Unit of the Faculty and the Adult Nursing Department, an awareness seminar entitled “Safe Fasting for People with Chronic



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diseases” was held on Tuesday, February 24, 2026, online via Microsoft



3-Awareness Seminar on Oral and Dental Health

تحت رعاية

أ.د / إيناس إبراهيم
نائب رئيس الجامعة
لشئون خدمة المجتمع وتنمية البيئة

أ.د / إلهامي ترابيس
رئيس جامعة دمنهور

يتشرف

أ.د / رشا محمد عيسى
وكيل الكلية لشئون خدمة المجتمع وتنمية البيئة

أ.د / عبير عبد الفتاح
عميد كلية التمريض- جامعة دمنهور

قطاع خدمة المجتمع بكلية التمريض بالتعاون مع وحدة
العيادة الصحية بالكلية وإدارة الاسنان بالوحدة العلاجية
بدعوة أعضاء هيئة التدريس والهيئة المعاونة والسادة
الاداريين وجميع طلاب الكلية والخريجين لحضور ندوة
بعنوان

صحة الفم والاسنان

المحاضر
د/ علا حمدي التماوي
مدير ادارة الاسنان بالوحدة العلاجية -جامعة دمنهور

يوم الاربعاء الموافق
11/3/2026
الساعة 11 صباحا
بقاعة المناقشات بالدور
الثامن -كلية التمريض

Under the patronage of Prof. Dr. Elhamy Trabies, President of Damanhour University; Prof. Dr. Enas Ibrahim, Vice President of the University for Community Service and Environmental Development; Prof. Dr. Abeer Abdelfattah, Dean of the Faculty of Nursing; and Prof. Dr. Rasha Mohamed Eissa, Vice Dean of the Faculty of Nursing for Community Service and Environmental Development, and in collaboration with the Health Clinic Unit of the Faculty and the Dental

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Department of the Therapeutic Unit, an awareness seminar entitled “Oral and Dental Health” was held on Wednesday, March 11, 2026, at 11:00 a.m. in the Discussion Hall, 8th Floor, Faculty of Nursing. The seminar was attended by a number of faculty members, assistant teaching staff, students, and graduates of the Faculty. The seminar was delivered by Dr. Ola Hamdy El-Tamawy, Director of the Dental Department at the Therapeutic Unit, Damanhour University.



4- Free Medical Day

Under the patronage of **Prof. Dr. Elhamy Trabies**, President of Damanhour University, and **Prof. Dr. Enas Mohamed Ibrahim**, Vice President of the University for Community Service and Environmental Development, the Community Service and Environmental Development Sector organized a **Free Medical Day** for university affiliates in collaboration with **Lady Care Hospital** and the **Health Clinic of the Faculty of Nursing**.

The event was attended by **Prof. Dr. Rasha Eissa**, Vice Dean of the Faculty of Nursing for Community Service and Environmental Development, and involved a distinguished group of consultants, physicians, and faculty members who provided **free medical examinations and consultations**. A large number of administrative staff and students participated in the event.

Prof. Dr. Enas Ibrahim emphasized that organizing the Medical Day reflects the University's commitment to providing healthcare and social services to its affiliates and represents a continuation of its efforts to cooperate and coordinate with various institutions to serve all members of the University.

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She further highlighted the University's role as a driver of development and an active partner in community development, emphasizing the high priority it places on health-related issues and its belief that **human health is the foundation of development and prosperity**.



Third: Services Provided Through the Health Clinic's Facebook

Educational and awareness brochures and videos are published through the Health Clinic's Facebook group to raise health awareness and promote positive health behaviors among followers via the clinic's Facebook page.



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<https://www.facebook.com/groups/2116083002533439>



Fourth: Medical and Educational Campaigns Serving the Community

The Health Clinic team, in collaboration with the **Community Service Sector of the Faculty and the University**, participated in organizing **medical and health awareness convoys** aimed at providing healthcare services and community health education, promoting the early detection of health problems, and enhancing positive health awareness and behaviors among community members. These activities included:



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Medical Convey to Kom El-Nasr Village, El-Mahmoudia District

A medical convey was conducted in **Kom El-Nasr Village, El-Mahmoudia District, on Thursday, May 21, 2026**, under the patronage of:

- **Prof. Dr. Elhamy Ali Trabies**, President of Damanhour University.
- **Prof. Dr. Enas Mohamed Ibrahim**, Vice President of Damanhour University for Community Service and Environmental Development.
- **Prof. Dr. Abeer Abdelfattah Mahmoud**, Dean of the Faculty of Nursing.
- **Prof. Dr. Rasha Mohamed Eissa**, Vice Dean of the Faculty of Nursing for Community Service and Environmental Development.

The **Faculty of Nursing, Damanhour University** participated in the medical convoy held in **Kom El-Nasr Village, El-Mahmoudia District, on Thursday, May 21, 2026**, as part of the “**Decent Life (Hayah Karima)**” Presidential Initiative, which aims to support the most vulnerable families and improve the quality of life of citizens

Medical Convey to Al-Mahdiyah Village, Abu El-Matamir District

A medical convey was conducted in **Al-Mahdiyah Village, Abu El-Matamir District, on Thursday, April 23, 2026**, under the patronage of:

Prof. Dr. Elhamy Ali Trabies, President of Damanhour University.

Prof. Dr. Enas Mohamed Ibrahim, Vice President of Damanhour University for Community Service and Environmental Development.

Prof. Dr. Abeer Abdelfattah Mahmoud, Dean of the Faculty of Nursing.



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Prof. Dr. Rasha Mohamed Eissa, Vice Dean of the Faculty of Nursing for Community Service and Environmental Development. The Faculty of Nursing, Damanhour University participated in the medical convoy held in Al-Mahdiyah Village, Abu El-Matamir District, on Thursday, April 23, 2026, as part of the “Decent Life (Hayah Karima)” Presidential Initiative, which aims to support the most vulnerable families and improve the quality of life of citizens. The convoy was conducted with the participation of faculty members and a number of students from different academic levels, contributing to the provision of healthcare services and the promotion of health awareness among community members .

Fifth: The Role of the Health Clinic During Exam Periods at Damanhour University





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The Health Clinic at the Faculty of Nursing, Damanhour University, plays a vital role during exam periods across the university, both in the theoretical and practical complexes. A group of medical interns received prior training in first aid in collaboration with the Graduates Unit and the Department of Critical Care Nursing. Coordination was made with the Medical Unit of Damanhour University, and the trained interns were assigned to various faculties within the theoretical and practical complexes to provide the necessary nursing care to students and staff during the second -semester exams of the academic year 2025–2026.

